



National
Coaching
Certification
Program

NCCP Competition-Introduction – Provincial Coach

Entry prerequisites:

Coaches must be either Primary STARSkate coach trained or certified

Requirements for Intermediate STARSkate/provincial coach (ISPC) trained:

1. Complete the ISPC home study guide
2. Complete the Introduction to competition Part B - multi-sport modules
3. Attend the ISPC sport science course and complete the required workbook
4. Attend the ISPC stroking & skating skills course and complete the required workbook
5. Attend the ISPC singles course and complete the required workbook
6. Attend the ISPC dance course and complete the required workbook
7. Attend the ISPC pairs & synchronized skating course and complete the required workbooks

Requirements for provincial coach evaluated and certified:

Prerequisite: must have an ISPC trained status

1. Complete 75 hours of STARSkate coaching in the discipline of certification (singles, dance, pairs, synchronized skating)
2. Video lessons:
 - Submit one technical video lesson with a lesson plan at the juvenile or pre-novice competitive level and;
 - Submit one stroking lesson or skating skills lesson with a lesson plan at the juvenile or pre-novice competitive level
3. Video analysis and music CD:
 - Submit a video analysis and music CD of a juvenile or pre-novice skater/team whose program you have designed or choreographed
4. Have skaters pass juvenile or pre-novice competitive tests.
5. Have a skater/team qualify and compete at a sectional championship level or higher caliber competition (i.e. Junior Nationals, Nationals, etc.) and provide a protocol of the event as proof with your Practical Coaching Record Form.
6. Must complete the Make Ethical Decision (MED) on-line evaluation at www.coach.ca

Summary:

1. ISPC Trained (home study + five courses and workbooks)
2. Provincial coach evaluated (trained status + 75 hours, two video lessons, video analysis and tests passed)
3. Provincial coach certified (evaluated status + MED)

For course information details, please contact your **section course administrator**.



National
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NCCP Instruction Intermediate - Intermediate STARSkate Coach

Entry prerequisites:

Coaches must be Primary STARSkate coach trained or certified

Requirements for Intermediate STARSkate/provincial coach (ISPC) trained:

1. Complete the ISPC home study guide
2. Complete the Introduction to competition Part B - multi-sport modules
3. Attend the ISPC sport science course and complete the required workbook
4. Attend the ISPC stroking & skating skills course and complete the required workbook
5. Attend the ISPC singles course and complete the required workbook
6. Attend the ISPC dance course and complete the required workbook
7. Attend the ISPC pairs & synchronized skating course and complete the required workbooks

Requirements for Intermediate STARSkate coach evaluated and certified:

Prerequisite: must have an ISPC trained status

1. Complete 75 hours of STARSkate coaching in the discipline of certification.
2. Video lessons:
 - Submit one technical video lesson with a lesson plan at the senior bronze or junior silver STARSkate level and;
 - Submit one stroking or skating skills video lesson with a lesson plan at the senior bronze or junior silver STARSkate level.
3. Video analysis and music CD:
 - Submit a video analysis and music CD of a skater whose program you have designed or choreographed at the senior bronze or junior silver STARSkate level
4. Have skaters pass intermediate STARSkate tests **OR** complete the mentorship program.
5. Must complete the Make Ethical Decision (MED) on-line evaluation at www.coach.ca

Summary:

1. ISPC Trained (home study + five courses and workbooks)
2. Intermediate STARSkate coach evaluated (trained status + 75 hours, two video lessons, a video analysis and tests passed or mentorship program)
3. Intermediate STARSkate coach certified (evaluated status + MED)

For course information details, please contact your **section course administrator**.