

## **NCCP Instruction Beginner – CanSkate**

### **Entry Pre-Requisites**

1. Must have passed all three Preliminary STARSkate tests
2. Must have passed at least one Jr. Bronze STARSkate test and –
3. Must be at least 16 years of age

### **Requirements for CanSkate Coach “In-Training”**

1. Attend the 3-day CanSkate course: that now includes Introduction to Competition A: Make Ethical Decisions and Planning Practice modules
2. Hold a valid First Aid certificate

### **Requirements for CanSkate Coach “Certified” Status:**

1. Mentorship Program – this criteria includes Pars A & B
  - Observe three CanSkate sessions with a Mentor Coach (Part A)
  - Complete the observation notes section of the observation (Part A)
  - Complete the observation diary pages (Part A)
  - Develop a CanSkate group lesson plan and relevant Emergency Action Plan (EAP) (Part B)
  - Teach the group lesson plan in front of your Mentor Coach (Part B)
2. Take the on-line evaluation for Making Ethical Decisions – this criteria includes :
  - i. Following the training of this module at the CanSkate course, coaches must log on to [WWW.coach.ca](http://WWW.coach.ca) and take the on-line evaluation of this module to receive credit for the NCCP outcome Make Ethical Decision
3. Outline a CanSkate session – this criteria includes:

Create a 45 or 60 minute CanSkate session detailing information on the 4 main parts – warm-up, group lesson, group activities and cool-down.

### **Coach Title:**

- ✓ CanSkate Coach (trained)
- ✓ Certified CanSkate Coach

For course information details, please contact Barb Stott at 604-205-9703 or via e-mail at: [barb.s@attglobal.net](mailto:barb.s@attglobal.net)