



TECHNICAL MEMO

Date: June 10, 2010
To: BC/YT Section Board, Officials, Coaches & Clubs
From: Janice Hunter
RE: Decisions of the Technical Committee - May 2010

At the recent meeting of the Technical Committee several decisions were discussed and adopted for the upcoming 2010-2011 season. Any questions or clarifications should be directed to janicedhunter@shaw.ca

1. BC/YT Section Championships – As there was no negative feedback on not holding a sub-section for Pre-Novice Women at the 2010 Section Championships in November 2009, the committee decided unanimously to follow the same procedure for the upcoming 2011 Sectional Championships in Kelowna, November 2010. **There will not be a Sub-Section Qualifier – all entries will compete at the 2011 BC/YT Sectional Championships.**
2. CPC - Competitive events in all competitions in the BC/YT Section must now be judged using the CPC marking system. This will be reflected in all competition announcements.
STARSkate and CPC - Skate Canada has confirmed that CPC can be used for STARSkate events from Junior Bronze to Gold. Regions will be given the option of using CPC or 6.0 for interclub and Region Championships. SummerSkate, Pacific Skate qualifying and Pacific Skate will definitely be judged in CPC.
3. Numbers advancing to Pacific Skate from each Region will be **4** in **all** events. Pre-Juvenile and Juvenile Singles events will continue to be held at Pacific Skate. Juvenile Pairs and Dance will not be included due to low interest.
4. The Technical Committee adopted the following recommendations from the Section Coaches Committee concerning STARSkate Free Skate Well Balanced Program Requirements. These changes will be in effect for the 2010-2011 season:

- a) **Elementary, Pre-Preliminary and Preliminary Free Skate:** remove the box for Step or Spiral Sequence and have these counted in transitional movements
- b) **Elementary and Pre-Preliminary** – remove 1 jump element - this would make the well balanced 7 'boxes' - 5 jump elements and 2 spins.
Preliminary would have 8 'boxes' – 6 jump elements and 2 spins
- Rationale from the Coaches Committee for the above changes:**
It is believed that 6 jump elements at the Elementary and Pre-Preliminary level do not benefit skater development due to the jump restrictions. For example, the strong Pre-Preliminary skater will usually repeat both a single flip AND single lutz, which doesn't really help the skater in the long run. It is believed that the skater will benefit from more time in the program to show stronger skating skills and transitions. An example to consider is that US Novice Women are allowed only 6 jump elements in the long program, yet the US has no shortage of strong female jumpers.
- Coaches are encouraged to include spirals and connecting steps (not necessarily sequences) as their inclusion will be reflected in the presentation mark of the 6.0 system.**
- c) **Preliminary Free Skate: Program time minimum 1.5 minutes; maximum 2.0 minutes +/- 10 seconds.** Rationale: There has been a lot of feedback concerning the program time being too long and yet others see it as good transitioning to the next level. This option allows the coach to decide which is best for the individual skater.
- d) **Pre-Preliminary** - permit a change of foot in the combination spin
- e) **Add the Performance Program option for all STARSkate competitions in the upcoming season.** It will be up to the individual competition as to whether they want to hold Elementary or Performance Program. Performance event will become the "new" Elementary event with the encouragement and development directed towards performance skills with positive participation while learning the technical elements, instead of having young skaters mainly focusing on their "competitive standings and results" at this age and stage of development in the sport. More information on this program will be posted on the Technical page of the Skating in BC website.
5. Changes to the spiral sequence and combination jump definition will come into effect after the ISU Congress this month also to be adopted by Skate Canada
- a) Minimum requirement for the spiral sequence: 2 spirals held for at least 3 seconds each (for both partners in pairs). In singles, this can be replaced by one spiral that is held for at least 6 seconds.
- b) When a half-loop is used in combinations/sequences it will be considered as a listed jump with the value of a loop. Therefore, when a ½ loop is included between two jumps, with no other hops, the element will be considered a three jump combination. If you do not wish it to count as a 3 jump combination, be sure to include other hops(eg. Mazurka) in the sequence. Remember that 3 jump combinations are not permitted in STARSkate, nor at Novice and lower categories.