



# ANNOUNCEMENT

## 2010 MOUNTAIN REGIONAL SYNCHRONIZED SKATING CHAMPIONSHIPS

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Dates: January 29 – 31, 2010  
Location: Leduc Black Gold Center, 4330 Black Gold Drive, Leduc, AB  
In Conjunction With: Northern Lites Synchronized Skating Club

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## **EVENT PHILOSOPHY**

The Regional Synchronized Skating Championships are part of the Skate Canada Synchronized Skating qualifying system. These events are planned, managed and executed by Skate Canada Sections on a rotational basis, in conjunction with a volunteer local organizing team.

The purpose of this level of competition is to provide a developmental and competitive experience for synchronized skating teams which allows them the opportunity to qualify for the Skate Canada Synchronized Skating Championships at the Novice, Intermediate, Open, Junior and Senior level. For the 2009/2010 season, the top two teams in each of the five qualifying categories in each Regional competition may advance to the BMO Skate Canada Synchronized Skating Championships. For every 15,000 registered associate members in the region, an additional team may be entered into each category at the National qualifying event. The number of sustaining members shall be determined by the membership year September 1 to August 31 of the year preceding the National qualifying event.

In selecting host sites for these Championships, every attempt is made to move the event across each region in a regular cycle, to balance the costs faced by participants from year to year as much as possible, and to allow synchronized skating to be presented in various communities in each Section.

In addition to experiencing the challenges and personal growth involved in competing at this level, one of the features of this competitive system is to allow skaters an opportunity to experience the cultural diversity of Canada through exploration of the area holding the championships.

The focus for skaters at this event is not only on qualifying for the Skate Canada Synchronized Skating Championships, but on the whole experience: self-satisfaction in achieving competitive goals, learning about Canada and meeting competitors from across the country, and experiencing the camaraderie of traveling as part of a team.

## **GENERAL INFORMATION**

The 2010 Mountain Regional Synchronized Skating Championships will be conducted in accordance with Skate Canada rules and regulations for qualifying Synchronized Skating events. The host club for this event is the Northern Lites Synchronized Skating Club of the Alberta NWT/Nunavut Section – Skate Canada.

### **CONTACT INFORMATION**

Name            Celeste Nicholson  
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Fax:            780-465-2670  
Email:         celeste125@shaw.ca  
Website:       NA

### **ARENA(S) TO BE USED**

**Arena Name:** Leduc Black Gold Center                      **Ice Surface Size:**    85 X 200 ‘  
**Address:**        4330 Black Gold Drive  
                      Leduc, Alberta  
**Phone:**         780-980-7118  
**Fax:**            780-986-9003  
**Email:**         jfarmer@leduc.ca

### **ACCOMMODATION**

**The Official Hotel Is:**        Best Western Denham Inn & Suites  
**Address:**                      5207 – 50 Avenue        **Rates:**    \$119.00 – Single Queen Room  
   Leduc, Alberta                      \$129.00 – Double Queen Room  
**Phone:**                        780-986-1511                      \$136.00 – King Room  
**Fax:**                            780-986-1511  
**Email:**                         info@bestwesterndenham.com

**Other Hotels in the area:**    Days Inn and Conference Center  
**Address:**                      5705 – 50 Street        **Rates:**    CONTACT HOTEL DIRECT  
   Leduc, Alberta  
**Phone:**                        780-986-6550  
**Fax:**                            780-986-7885  
**Website:**                      www.daysinn.com

**Other Hotels in the area:** Executive Royal Inn  
**Address:** 8450 Sparrow Dr.      **Rates:** CONTACT HOTEL DIRECT  
Leduc, Alberta  
**Phone:** 780-986-1840  
**Fax:** 780-986-1864  
**Website:** edmontonairport@royalinn.com

**Note:** Skaters, team managers, coaches and parents will be required to book accommodations directly with the hotel of their choice as required.

## **REGISTRATION**

Registration for the Regional Synchronized Skating Championships is a two step process:

### **Step 1: Collection of Hardcopy Forms and Payment**

Teams must register by completing the entry confirmation sheet, code of conduct, medical history and waiver forms attached to this announcement and returning it along with the registration fee and signed waivers to the address below by December 31, 2009

Return application forms to:

Dorothy Wuestner  
14257 – 30 Street NW  
Edmonton, Alberta  
T5Y 1M7  
Email: [dwpixzall@telus.net](mailto:dwpixzall@telus.net)  
Phone: 780-475-3610

### **Step 2: Online Team Profile Update**

Online event registration will be the club, coach or team manager's responsibility. When registering a new team, only the club will have access to the team's file on Members Only. It is the club's responsibility to grant access to the team manager or coach.

Teams must register for the appropriate Regional Championships online. They must ensure all general information, team information, event team members and music information is input by December 31, 2009.

Planned Program Sheets must be submitted online no later than one week prior to the event start date, January 22, 2010.

## **REGISTRATION FEE**

The registration fee will be \$300.00 per team and \$25.00 per skater.  
Cheques must be made payable to: Northern Lites Synchronized Skating Club

## **ON-SITE REGISTRATION**

All teams, coaches and team managers must register on-site at Leduc Black Gold Center. Registration will be held on Friday January 29, 2010 from 8:00 am to 6:00 pm (noon).

Only those skaters whose names appear on the team registration form as team members/alternates will be allowed to skate. Only those skaters whose names are listed on the team registration form for the Regional Synchronized Skating Championships will be allowed to skate in the 2010 National Synchronized Skating Championships (Rule 6404). No substitution or addition shall be allowed. (The number of allowable alternates on each team is four.)

## **ACCREDITATION FOR EVENTS POLICY**

### **Coaches**

In order to be accredited at the 2010 Regional Synchronized Skating Championships, all coaches must meet the standards for coaches set out in Rules 2401 and 2402. All coaches must wear their section accreditation/photo I.D. at all times.

In order to receive coaches' accreditation at the 2010 Regional Synchronized Skating Championships, coaches must:

- Be NCCP Level 2/ISPC Certified minimum in any discipline for Novice, Intermediate, Open, Junior and Senior categories.
- Be NCCP Level 1/Primary STARSkate Coach Certified minimum for Beginner II, Elementary, Juvenile, Pre-Novice and Adult I, II and III categories.
- Be a current coaching member of Skate Canada
- Hold a valid First Aid Certificate
- Register in person and show their section photo ID card

### **Team Managers and Chaperones**

All team managers and chaperones must be current registered members of Skate Canada per the Accreditation Policy.

If a team manager is a coach, then he/she must meet all the requirements of a professional coach for the relevant event including NCCP certification level, valid First Aid certificate, and coaching membership with the Association. Two coaches, one team manager and two chaperones for a total of five people per team will be accredited. The names for these accreditations MUST be included on the competition registration form.

The main coach and one alternate (skater) will stand at the entrance to the ice, and the team manager and other alternates in the exit area (Kiss & Cry). The chaperones will be allowed in the dressing rooms ONLY and will not have access to ice level during practice and competition (including Kiss and Cry).

## **ACCREDITATION FOR COACHES AT THE 2010 NATIONAL SYNCHRONIZED SKATING CHAMPIONSHIPS**

In order to receive coaches' accreditation from the association at the 2010 Skate Canada National Synchronized Skating Championships coaches must:

- Be NCCP Level 2/ISPC Certified minimum in any discipline for Novice, Intermediate and Open categories and NCCP Level 3 certified for Junior and Senior categories.
- Be a current coaching member of Skate Canada
- Hold a valid First Aid Certificate
- Register in person and show their section photo ID card

New coaches or foreign coaches who do not meet the above criteria will be accredited only if they qualify in accordance with Skate Canada Policies and Procedures

## **MUSIC**

All music used must be in the public domain or covered by the Performing Rights Society.

Teams who have music composed especially for their programs, either in wholly or in part, shall be responsible for obtaining a written release from the composer for the use of such music on radio and television, or appropriate clearance from the Performing Rights Society.

### **Music Requirements**

Each team will provide **2 CDs. TWO COPIES MUST BE HANDED IN AT REGISTRATION.** One for competition (marked as 'Master') and one for back up (marked 'copy'). The competition Master will be played during practices and competition.

Team Manager/Coach are responsible for the recovery of their own CDs at the completion of the Event.

### **Standard Specifications for CDs:**

#### **TEAMS MUST HAVE A BACK UP CD FOR ALL EVENTS.**

- 1) Only one (1) program shall be recorded on each CD.
- 2) The start of the music shall be recorded on the CD at least 3 seconds following the head leader and not more than 5 seconds after if.
- 3) Music shall be recorded at equal levels on both left and right channels in stereo.
- 4) Team name followed by event program length and coaches name and must be clearly printed on the CD.
- 5) CD's shall be enclosed in their integral containers.
- 6) Music recording levels shall be a maximum of 0VU and a minimum of -8VU.

## **AWARDS**

As per Regulation E-1.5 of Skate Canada Event Management Handbook.

### **Presentation of Awards will take place as follows**

**Where:** On the ice surface  
**When:** As Shown on Competition Schedule  
**Who:** all winning team members will come out onto the ice for medal presentations

## **EVENT SCHEDULE**

A finalized schedule of events and practices (if held) will be provided to each team at on-site registration and will be posted on our web site: [www.northernlites.ca](http://www.northernlites.ca).

A tentative schedule is attached.

Information for double entry skaters: Should a schedule conflict arise between a practice time and event time, it is up to the skater, coach and team manager to decide what takes priority. The host committee may not manipulate the official start orders or start times in order to accommodate competitors who are skating on more than one team.

## **CEREMONIES**

Opening ceremonies will be held from 12:00 pm (noon) to 1:00 pm on Saturday Jan 30, 2009. Following the opening ceremonies, banners may be displayed around the arena as long as they do not cover any advertising or promotional signs.

## **LIABILITY**

Skate Canada and the Host Committee accept no liability for bodily or personal injury, or for property loss or damage incurred by participants and officials. As a condition of and in consideration of their entries in the Regional Synchronized Skating Championships, all participants and their parents or guardians, shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by, or connected with, the conduct and management of the Regional Synchronized Skating Championships and to release any and all claims they may have against the officials, Skate Canada and the 2010 Mountain Regional Synchronized Skating Volunteer Team and their officers and their entries shall be accepted on these conditions.

The Host Committee will provide emergency medical services for all competitors and officials during the practice and competition times on the event dates.

## **GENERAL REGULATIONS**

### **ELIGIBILITY**

The 2010 Mountain Regional Synchronized Skating Championships is open to all teams from Mountain - British Columbia/Yukon, Alberta/NWT/Nunavut; sections registered with Skate Canada as per regulation B-4.4 of Section 6000 of Skate Canada Technical Handbook and meeting the requirements outlined in the description of events to be held. There is no qualification process to enter the event, however a qualifying round may be held if the number of entries warrants it.

### **EVENTS TO BE HELD**

The following events must be included in the 2010 Mountain Regional Synchronized Skating Championships. There are no test requirements. The following categories are based on age and number of skaters. See Rules 6501 (non-qualifying categories) and Rule 6301 and 6403 (qualifying categories) and Regulation B-3.1 and 4.2 of Section 6000 of Skate Canada Technical Handbook.

#### **Beginner I – Exhibition Skate Only**

A team of 8 to 16 skaters, no age limit (recommend skaters working on CanSkate Stage 4 or higher).

#### **Beginner II**

A team of 8 – 16 skaters. Skaters **MUST NOT** have reached the age of 12 as of July 1<sup>st</sup> preceding the competition. At least 75% of the skaters **MUST NOT** have reached the age of 10 as of July 1<sup>st</sup> preceding the competition.

#### **Elementary**

A team of 8 to 16 skaters. Skaters must not have reached the age of 15 as of July 1<sup>st</sup> preceding the competition. At least 75% of the skaters must not have reached the age of 12 as of July 1<sup>st</sup> preceding the competition.

#### **Juvenile**

A team of 8 to 16 skaters. Skaters must not have reached the age of 15 as of July 1<sup>st</sup> preceding the competition.

#### **Pre-Novice**

A team of 8 to 16 skaters. Skaters must not have reached the age of 19 as of July 1<sup>st</sup> preceding the competition. At least 75% of the skaters must have reached the age of 10 as of July 1<sup>st</sup> preceding the competition.

#### **Novice**

A team of 12 to 16 skaters. Skaters must have reached the age of 10 as of July 1<sup>st</sup> preceding the competition. 75% of skaters must not have reached the age of 15, and up to 25% must not have reached the age of 19 as of July 1<sup>st</sup> preceding the competition.

### Intermediate

A team of 12 to 16 skaters. Skaters must have reached the age of 12 as of July 1<sup>st</sup> preceding the competition but must not have reached the age of 25 as of July 1<sup>st</sup> preceding the competition.

### Open

A team of 12 to 16 skaters. Skaters must have reached the age of 12 as of July 1<sup>st</sup> preceding the competition.

### Junior

A team of 16 skaters. Skaters must have reached the age of 12 as of July 1<sup>st</sup> preceding the competition but must not have reached the age of 19 as of July 1<sup>st</sup> preceding the competition.

### Senior

A team of 16 skaters. Skaters must have reached at least the age of 14 as of the July 1<sup>st</sup> preceding the competition.

### Adult SYS Class I

A team of 8 to 20 skaters. Skaters must have reached the age of 19 as of July 1<sup>st</sup> preceding the competition.

### Adult SYS Class II

A team of 8 to 20 skaters. Skaters must have reached the age of 19 as of July 1<sup>st</sup> preceding the competition. At least 75% of the skaters must have reached the age of 25 as of July 1<sup>st</sup> preceding the competition.

### Adult SYS Class III

A team of 8 to 20 skaters. Skaters must have reached the age of 25 as of July 1<sup>st</sup> preceding the competition. At least 50% of the skaters must have reached the age of 35 as of July 1<sup>st</sup> preceding the competition.

**FILLING MAXIMUM EVENT QUOTA AT REGIONALS (Rule 7701 (8)):** If the maximum quota in the Junior or Senior category at a Regional Synchronized Skating Championship is not filled due to insufficient entries, that event may be held, but will not be mandatory.

### **ALTERNATES**

There can be up to a maximum of 4 alternates for any team in all categories.

### **Problems during a Performance**

The Technical Representative or his/her designate may ask a team alternate to go onto the ice during a performance, to retrieve any objects that have dropped on to the ice (hair accessories, etc.) so that a performance does not have to be interrupted and so that there is no danger to the skaters. To this end, it is requested that each team, where possible, have an alternate dressed with skates on and skate guards off, available at the entrance area during the team's performance.

## **DRAWS**

A random draw will be used for the first portion of all events. The Chief Data Specialist as per regulation 7000 - H - 1.1 of the Skate Canada Event Management Handbook will conduct the draws. The starting order for qualifying events for the first portion of the event will be available ten days prior to the start of the competition. The drawn starting orders (initial and subsequent) shall also apply for the official practice ice for all parts of the competition (if practice ice is available and being offered).

The draw for all subsequent events (including those events where the free program is skated twice) will be conducted at the Leduc Black Gold Center. Upon registration, teams will be notified of the room and times for all draws.

A coach and/or team captain shall be in attendance at the time of all subsequent draws.

In the event that a team is not represented, the Technical Representative will make the draw on behalf of the team. Draws for subsequent parts of the event will be posted immediately following the results of the previous part.

### **STARTING ORDERS (Regulation 7000-H-1.4)**

**(1) STARTING ORDER FOR THE FIRST PART OF AN EVENT:** The skating order shall be determined by a random draw in each event with the following exception: should a Short Program and Free Program constitute one event, the starting order for the Free Skating Program shall be determined from the results of the Short Program as follows:

**(2) STARTING ORDER FOR SUBSEQUENT PART OF AN EVENT:** As soon as possible after the determination of the results of the preceding part, the Referee or Assistant Referee, in the presence of at least one team shall divide the teams for the purpose of the draw for the next succeeding part (in the order in which they finished in the previous part) into the smallest possible number of equal groups. If the number of teams is not equally divisible, the last group to skate (and as many preceding groups as necessary) must contain one more team than the first group. The lowest placed group must skate first, the next lowest second and so on. However in the event of ties, the following procedures shall be followed:

**(3) SIZE OF PRECEDING GROUP:** When tied teams are drawn in the same group, the immediately preceding group will be smaller by the number of teams so added to the following group.

**(4) MAXIMUM SIZE OF WARM-UP GROUPS:** In the event one or more tied teams are included in the same group, the maximum number permitted to warm-up may exceed by one team. However if the maximum number permitted is exceeded by two or more teams, the group in question shall be divided into two sub-groups.

## **TIES (CPC Interim Rules, Section A - Determination of results in each part of a competition):**

(2) d. If two or more teams have the same result, the Total Technical Score will break the tie in the short program and the Program Components Score will break the tie in a free skate program. If these results are also equal, the teams concerned will be considered as tied.

## **CONDUCT OF EVENTS**

See Sections E, F, G and H of the Skate Canada Event Management Handbook and Skate Canada CPC Interim Rulebook (Section A and B) for specific rules governing the Regional Synchronized Skating Championships, which take precedence over other rules for competitions of Skate Canada, as set forth in all other parts of the Skate Canada Rulebook and Policies and Procedures Manual. General competition rules shall apply where applicable.

## **RESULTS CALCULATION**

The Cumulative Points Calculation System will be used.

## **MARKING/ JUDGING SYSTEM**

Judging of Novice, Intermediate and Open free programs will be as follows:

- Each team will skate their free program twice, each time with a different panel of Judges. Final results will be based on the combined results of both skates as per the following factors:
- In the first portion of the event, the total score of the free program will be multiplied by a factor of 0.5. In the second portion of the event, the total score of the free program will be multiplied by a factor of 1.0.
- The draw for the second free program will be seeded, based on the results of the first program, in the same manner as an event with a short and free program component.
- The second mark (Program Components) will be used to break a tie in both free programs.

## **QUALIFICATIONS TO COMPETE AT 2010 BMO SKATE CANADA NATIONAL SYNCHRONIZED SKATING CHAMPIONSHIPS**

Teams will qualify to compete at the National Synchronized Skating Championships as follows:

Teams placing in the top 2 in Novice, Intermediate, Open, Junior and Senior events will be invited to compete at the National Championships in Brampton, Ontario from March 4 - 6, 2010.

Additional entries will be permitted for every 15,000 registered associate members in the Region.

Should a team(s) not be able to attend the National Championships for any reason, the next best placed team(s) will have the opportunity to compete at the event.

The Skate Canada national office must receive entry fees, waiver and medical history forms no later than 24 hours after the completion of the Regional Synchronized Skating Championships. These fees and forms must be submitted to the Regional event organizing committee.

## **PRACTICE ICE**

Upon registration or attendance at an officially scheduled practice session, teams are not permitted to skate on any ice surface other than the official practice or competition ice as is scheduled for the event.

## **START AND CONCLUSION OF A PROGRAM (Rule 6710)**

### **ENTERING AND EXITING THE ICE SURFACE:**

Warm-up periods must be allotted to all teams.

- (a) Each team shall be allowed one (1) minute of warm-up (without music) on the competition ice surface immediately prior to their performance. Warm-up time must be reckoned from the moment the team is announced;
- (b) A team must not take more than thirty (30) seconds for exiting from the ice surface for both the short program and free skating.

## **JUDGES AND REFEREES**

Judges and Referees will be selected by the Technical Representative of the event.

It is recommended that a panel of five judges be used for all events. A simple majority of each panel of judges must be comprised of Senior and Canadian level Judges for all events except Senior. The Senior panel must be a simple majority of Canadian level judges. The Referee of each event must be a Section level Synchronized Skating Referee or higher. The Technical Specialists and Technical Controller must be Section level or higher for all events requiring a technical panel. At least one technical specialist on the panel must be qualified at the Canadian level for all qualifying events.

Travel, accommodation and meals for Judges and Referees will be paid by the Host Committee.

## **SERVICES**

### **MEDICAL AND SECURITY SERVICES**

- Provided by facility, first responders have been specifically assigned to be in attendance at the event at ice surface

### **INFORMATION/LOST AND FOUND**

- Will be at the registration desk, following the event the event registrar can be contacted

### **PHOTOGRAPHY**

- Action Sports Photography and Gifts

### **SOUVENIRS/BOUTIQUE**

- Various items will be available at the arena

### **SKATE SHARPENING**

- To be announced

Please note the required code of conduct, waiver and medical history forms will be provided at a later date. The same forms will be used for both Regional and National Synchronized Skating Championships. It is the Organizing Committee's responsibility to forward the forms for all qualifying teams within 24 hours following the completion of the qualifying event.

Please send this document to the national office for approval prior to distribution.