

2010 Okanagan Regional Competition
South Okanagan Events Centre
Penticton, B.C.

Schedule as of January 4, 2010

Friday January 22, 2010

1:00PM	Preliminary Elements	Final
1:45PM	Bronze Elements	Final warm up with Silver Elements
2:10PM	Diamond Elements	Final
2:20PM	Elementary Ladies Group 1	Final
2:55PM	Flood	
3:15PM	Elementary Ladies Group 2	Final
3:50PM	Elementary Ladies Group 3	Final
4:25PM	Elementary Ladies Group 4	Final
5:00PM	Flood	
5:20PM	Pre Introductory Interpretive	Final
6:10PM	Introductory Interpretive	Final
6:25PM	Bronze Interpretive	Final
6:50PM	Silver Interpretive	Final warm up with Gold Interpretive
7:10PM	Pre Preliminary Men	Final warm up with Preliminary Men
7:30PM	Junior Silver Ladies	Final
7:45PM	End of Day	

Saturday January 23, 2010

8:00AM Preliminary Ladies 10 & under Final
8:20AM Preliminary Ladies 11 & over Group A (top 6 will advance)
9:10AM Preliminary Ladies 11& over Group B (top 6 will advance)
10:00AM Flood
10:20AM Bronze Triathlon Creative Skills warm up with
Silver Triathlon Creative Skills
10:35AM Pre Elementary Ladies Group 1 Final
10:55AM Pre Elementary ladies Group 2 Final
11:15AM Pre Elementary Ladies Group 3 Final
11:40AM Senior Silver Ladies Final warm up with
Gold Ladies Final
12:10PM Flood and Lunch Break
1:10PM Preliminary Creative Final
1:20PM Bronze Creative Final
1:30PM Silver Creative Final
1:50PM Gold Creative Final
2:00PM Pre Juvenile Ladies Final warm up with
Juvenile Ladies Final
2:30PM Flood
2:50PM Pre Novice Ladies Short Program Final
3:30PM Novice Ladies Short Program Final
4:00PM Juvenile Men Final warm up with
Junior Men Long Program Final
4:20PM Bronze Triathlon Interpretive warm up with
Silver Triathlon Interpretive
4:35PM Flood
4:55PM Pre Preliminary Ladies Group 1 Final
5:35PM Pre preliminary Ladies Group 2 Final
6:15PM Pre Preliminary Ladies Group 3 Final
6:55PM Flood
7:15PM Pre Preliminary Ladies Group 4 Final
8:00PM Senior Bronze Ladies Final
8:45PM End of Day

Sunday January 24, 2010

9:00AM Pre Novice Ladies Free Final
9:45AM Novice Ladies Free Final
10:10AM Bronze Triathlon Free Final warm up with
Silver Triathlon Free Final
10:30AM Junior Bronze Ladies 12 & Under Final
10:45 Flood
11:05AM Junior Bronze Ladies 13 & Over Final
11:55AM Preliminary Ladies 11 & Over Final
12:40PM Finish