

TOTEM INTERCLUB COMPETITION

March 19, 20, 21st 2010

Location: North Peach Rec Centre
9805, 96th Ave
Fort St. John, BC

Hosted by: Fort St. John Figure Skating Club

This competition is sanctioned by Skate Canada and shall be conducted in accordance with the current Skate Canada rules except where modified in this announcement. Open to sanctioned CNCR clubs and invited clubs only.

- a) Entries must be in the hands of the registrar by February 15th, 2010. Eligibility for entries is governed by tests passed and age as of closing date of entries for all STARSkate and LOC events. For Competitive events the age shall be as of July 1st, 2009 and tests as of closing date of entries.
- b) Late entries may be accepted at the discretion of the committee. A doubled fee penalty may apply. REGISTRATION ENTRY FORMS MUST BE SUBMITTED IN TRIPLICATE. Clubs not complying with the above policy will be charged a \$25 penalty which will compensate the host club for the extra work, supplies and expense required to correct the submitting clubs oversight.
- c) If an event has only one competitor, the skater will be informed and have the option of skating up an event, skating for an evaluation only, or withdrawing with a refund. For Local Organizing Committee Events (LOC), there is only the option of skating up or withdrawing with a refund. No evaluation will be done for this type of event.
- d) NO COLLECT telephone calls or telegrams will be accepted.
- e) For pairs and dance events, both competitors must complete separate entry forms.
- f) Competitors may skate up one category higher than they are qualified.
- g) Skaters may enter only one event in each discipline of singles, pairs, dance, and interpretive. Local Organizing Committee events may also be entered as added events in any discipline. Skaters choosing to enter more than one event do so with the understanding that there may be scheduling conflicts that are unable to be resolved.
CNCR Registration Entry Restriction: All skaters entering CNCR competitions are restricted to entering in just 3 events plus 1 team event. Synchro is considered as a bonus event.
- h) Skaters may not enter both Interpretive and Showcase events.
- i) **EVENT COMPOSITION:** In normal circumstances, each category at the competition must be held for ladies and men separately. However, at the discretion of the Technical Representative/Chief Referee and the Host Committee, a decision to combine events may be made as follows:
 - i) Combine two or more categories in the same event when each category has fewer than three entries.
 - ii) Combine two or more categories in the same event when one category has insufficient entries to hold the event.

The decision to combine events is at the discretion of the Technical Representative/Chief Referee and the Host Committee.

In any of the above cases, categories may be combined only with full prior knowledge and agreement of all competitors affected. Please note that in BC/YT Section competitions, men

- Only one (1) program shall be recorded on each CD.
- The start of the music shall be recorded on the CD at least 3 seconds following the head leader and not more than 5 seconds.
- Music shall be recorded at equal levels on both left and right channels in stereo.
- Music recording levels shall be a maximum of OVU and a minimum of SVU.
- CDs must be marked with the skater's name, home club, event and total music time and enclosed in their integral container, also marked accordingly.

The Competition Committee will accept no responsibility against damaged or lost CDs, but will take every precaution to safeguard them.

Ice Surfaces: North Peace Rec Centre- 85' x 200' with slightly rounded corners.
Fort St. John Enerplex- 85' x 200' with slightly rounded corners.

Event Marking: Closed marking will be used. Judging system will be 6.0.
As per Skate Canada Regulation Change 9, April, 2003, only the final result will be posted.

Admission: Will be free of charge to all.

Registration: SKATERS MUST REGISTER PERSONALLY at least ONE HOUR before their scheduled event. Please note that scheduling times may fluctuate and competitors should be aware that events COULD BEGIN UP TO ONE HALF HOUR BEFORE those posted on the official bulletin board.

Tentative Schedule and Groupings: A schedule of events and confirmation of entries and groups will be emailed to each club. There will be an official bulletin board at the arena listing the starting time of all events. This schedule will supersede all other schedules. The posting of notices on this board shall be considered sufficient notification to competitors.

Medals: The Awards presentations time schedule and location will be posted on the arena bulletin board. Medals will be presented to 1st, 2nd, and 3rd place finishers in final events. Awards will also be presented to 4th, 5th, and 6th place competitors in CanSkate & Elementary events. No medals or points for Exhibitions.

TEAM AGGREGATE TROPHY- Clubs must have a minimum of 4 skaters entered in the competition to be considered the Team Points winner. Points will be awarded on a proportional basis to the club acquiring the most points in relation to the number of individual club skaters entered in the competition as determined by the Chief Data Specialist prior to the start of the competition.

- Four entries or more: 1st place-3 points...2nd place-2 points...3rd place-1 point.
- Three entries: 1st place-3 points...2nd place-2 points
- Two entries: 1st place-3 points

Each clubs placement points will be totaled and divided by the total number of their skaters entered in the competition. The club having the highest total will be declared the winner of the Team Trophy.

Tests: MAY be accepted subject to availability of judges and ice time. A Test application is included with this announcement. Note that all its rules/requirements will be strictly followed.

Photography: Persons wishing to take photographs of on ice performances are reminded

that use of flash cameras is forbidden. The use of video cameras must be restricted to areas that do not hamper the skaters or the judges.

Coaches: It is **mandatory for all participating coaches to register** at competitions and show their accreditation at all times during the competition in order to be at ice level during the events. Temporary accreditation will be issued for \$25.00 per day to those showing current Skate Canada membership and First Aid information, payable to the CNCR Coaches Committee. **Parents are not permitted in dressing rooms;** the competition host committee will provide a 'common area' where parents can be with their skaters before they compete.

Warm Up Times:

Elementary, Pre-Preliminary and all LOC Events	3 minutes
Preliminary, Junior Bronze and Senior Bronze Free Skate	4 minutes
Jr. Silver to Gold & Pre-Juvenile Competitive Free Skate	5 minutes
Juvenile to Junior Competitive Free Skate	6 minutes
All Interpretive events	3 minutes

Skills events will have a warm up of 3 minutes per skill.

The duration of the warm up periods may be reduced at the discretion of the referee to a minimum of three minutes. All warm up periods for one event must be equal.

EVENTS AT THE 2010 TOTEM COMPETITION

**** For event requirements and specifications, please refer to the 2009-2010 BC/YT Section Technical Packages for Starskate and Competitive, posted on your club bulletin board and also on the Technical page of the Skating in BC website www.skatinginbc.com.**

STARSkate Freeskate

- EVENT # 1 Elementary Women,
- EVENT # 2 Elementary Men
- EVENT # 3 Pre-Preliminary Women
- EVENT # 4 Pre-Preliminary Men
- EVENT # 5 Preliminary Women- 10 and Under
- EVENT # 6 Preliminary Women- 11 and Over
- EVENT # 7 Preliminary Men
- EVENT # 8 Junior Bronze Women-12 and Under
- EVENT # 9 Junior Bronze Women-13 and Over
- EVENT # 10 Junior Bronze Men
- EVENT # 11 Senior Bronze Women
- EVENT # 12 Senior Bronze Men
- EVENT # 13 Junior Silver Women
- EVENT # 14 Junior Silver Men
- EVENT # 15 Senior Silver Women
- EVENT # 16 Senior Silver Men
- EVENT # 17 Gold Women

EVENT # 18 Gold Men

Interpretive

- EVENT # 19 Pre-Introductory Interpretive
- EVENT # 20 Introductory Interpretive
- EVENT # 21 Bronze Interpretive
- EVENT # 22 Silver Interpretive
- EVENT # 23 Gold Interpretive

Triathlon

- EVENT # 24 Bronze Triathlon
- EVENT # 25 Silver Triathlon
- EVENT # 26 Gold Triathlon

Competitive Free Skate

- EVENT # 27 Pre-Juvenile Women
- EVENT # 28 Pre-Juvenile Men
- EVENT # 29 Juvenile Women
- EVENT # 30 Juvenile Men
- EVENT # 31 Pre-Novice Women
- EVENT # 32 Pre-Novice Men
- EVENT # 33 Novice Women
- EVENT # 34 Novice Men
- EVENT # 35 Junior Women
- EVENT # 36 Junior Men

Synchro

- EVENT # 37 BEGINNER I
- EVENT # 38 BEGINNER II
- EVENT # 39 ELEMENTARY
- EVENT # 40 JUVENILE
- EVENT # 41 PRE-NOVICE

SYNCHRO EVENTS WILL BE
EXHIBITION ONLY

LOC EVENTS:

EVENT # 42 CANSKATE SINGLES

Competitors must be working on their CanSkate Program Badges. No portion of any test passed, in any discipline. Must be First Year Competitor.

Note***First year competitor means that a skater may compete in this category event for a 12 month period starting with the first competition in which they compete.

A skater may not enter the same competition in this category more than once.

This one year restriction does not apply to skaters who are seven years of age or younger as of the closing date for entries nor to skaters who are registered in a Special Olympic program.

Must not have any jump higher than a toe loop (this means no loop, flip, lutz or axel)

A deduction of 0.4 will be taken for each attempted jump that is not permitted

Open to ladies and men who will compete together.
Program Time: 1.0 minutes (+/- 10 seconds) to music.

SHOWCASE

In this event the skater may create his/her own program. Their music selection may be vocal or instrumental. It is a fun event, difficulty of jumps and spins are not required elements. Costumes and accessories are encouraged. Skaters may use small props but no props are to remain on the ice. Props may be carried or attached but **MUST NOT** be set down during the skater's performance – non-compliance with this rule will result in disqualification. Focus for judging will be on interpretation of music, basic skating skills, originality and portrayal of theme. Open to ladies and men who will compete together. Skaters may enter Showcase only if they have not entered an Interpretive event.

EVENT # 43 CANSKATE SHOWCASE

Competitors must be working on their CanSkate Badges. No portion of any test passed in any discipline. Must be a First Year Competitor in this category.
Program time: 1.0 minutes (+/- 10 seconds)

EVENT # 44 PRIMARY SHOWCASE

Competitors must not have passed the total Preliminary Free Skating Test.
Program time: 1.0 minutes (+/- 10 seconds)

SHOWCASE DUETS

In this event, the skaters may use vocal or instrumental music. The Duet may consist of similar or mixed gender pairs. Difficult jumps and spins are not required elements. Costumes and accessories are encouraged. Skaters may use small props, but no props are to remain on the ice. Props may be carried or attached but not set down during the skater's performance. Non-compliance with this rule will result in disqualification. May enter Showcase Duets or Similar Pairs but not both. Focus for judging will be: Skating Skills, Unison, music interpretation & creativity.

EVENT #45 BEGINNER SHOWCASE DUETS

Skaters must not have passed any portion of a free skate test. Must be First Year Competitors.
Skating time: 1.0 minutes (+/- 10 seconds)

EVENT #46 PRIMARY SHOWCASE DUETS

One or both skaters may have passed the complete Preliminary Free Skate Test but no portion of a higher free skate test. Skating time: 1.0 minutes (+/- 10 seconds)

SIMILAR PAIRS

The similar pairs listed below are open to two ladies or two men.
Vocal music is permitted. May enter Similar Pairs or Showcase Duets, but not both.

EVENT #47 PRE PRELIMINARY SIMILAR PAIRS

Both skaters must not have passed any total free skate test or partial free skate test. Both Skaters must be First Year Competitors in this category.
Skating time: 1.5 minutes (+/- 10 seconds)

EVENT #48 PRELIMINARY SIMILAR PAIRS

Both skaters must have passed the complete Preliminary Free Skate Test but no higher.
Skating time: 1.5 minutes (+/- 10 seconds)

EVENT #49 JUNIOR BRONZE SIMILAR PAIRS

Both skaters must have passed all or part of the Junior Bronze Free Skate but no higher.
Skating time: 2.0 minutes (+/- 10 seconds)

EVENT #50 INTERMEDIATE SIMILAR PAIRS

Both skaters must have passed all or part of the Senior Bronze Free Skate Test but no higher.
Skating time: 2.0 minutes (+/- 10 seconds)

EVENT #51 SENIOR SIMILAR PAIRS

Both skaters must have passed all or part of the Junior Silver Free Skate test or higher.
Skating time: 2.0 minutes (+/- 10 seconds)

CREATIVE

In the creative events, the host committee will select a piece of age appropriate music, different for each event group. The skaters will hear the music selection for the first time in a dressing room prior to their warm-up. They will create a improvisational program. Warm up will be one minute without music followed by the music selection being played twice. After the warm-up all skaters will be escorted to a supervised, sound proof room to await their turn. Groups will be small enough that all skaters in each event group can warm-up together, so as not to disadvantage early skaters. Open to women and men who will compete together.

EVENT # 52 PRIMARY CREATIVE

Competitors must not have passed more than the complete Preliminary Free Skate test.
SPECIFICATIONS FOR EVENT: Program 1.0 minute in length

EVENT #53 INTERMEDIATE CREATIVE

Competitors must not have passed more than the complete Junior Bronze Free Skate test. SPECIFICATIONS FOR EVENT: Program 1.5 minute in length

EVENT # 54 SENIOR CREATIVE

Competitors must have passed all or part of the Senior Bronze Free Skate test or higher.
SPECIFICATIONS FOR EVENT: Program 1.5 minute in length.

ELEMENTS PROGRAM

Each skater will complete the four required elements listed, in no particular order. This event shall be open to both men and women who will compete together. Program to be skated in a choreographed manner WITHOUT music..

Field moves and connecting steps are permitted to link the elements. Additional elements or the repetition of elements that have failed are not permitted- non-compliance with this rule will lead to disqualification.

Rotational movements of more than one full rotation shall be considered extra elements.

Small jumps of not more than half a turn may be included in a step sequence.

EVENT #55 CANSKATE ELEMENTS PROGRAM

Competitors must be registered in and working on their Canskate Program Badges.

No test passed in any discipline. Must be First Year Competitor in this category.

SPECIFICATION FOR EVENT: Program length not to exceed 1 minute.

One-half of the ice surface to be used. Elements to be skated:

- | | |
|------------------|---|
| 1. Waltz Jump | 3. Waltz jump/Toe Loop–Jump Combination |
| 2. One foot spin | 4. Series of 2 Bunny hops followed by a drag. |

EVENT #56 PRIMARY ELEMENTS PROGRAM

Competitors must not have passed the elements portion of the Preliminary Free Skate test.
SPECIFICATION FOR EVENT: Program length not to exceed 1 minute.

One-half of the ice surface to be used. Elements to be skated:

- | | |
|-----------------|--------------------------------|
| 1. Salchow Jump | 3. Flip/ Loop–Jump Combination |
| 2. Sit Spin | 4. Forward Spiral on a curve. |

EVENT #57 PRELIMINARY ELEMENTS PROGRAM

Competitors must have passed the entire Preliminary Free Skate test but no portion of the Junior Bronze Free Skate test. **One-half the ice surface will be used.**

EVENT SPECIFICATIONS: Program length not to exceed 1 minute.

Elements to be skated:

1. Lutz Jump	3. Camel Spin
2. Backward Outside Spiral	4. Split/Flip jump.

EVENT # 58 INTERMEDIATE ELEMENTS PROGRAM

Competitors must have passed part of or the entire Junior Bronze Free Skate test, but no higher.

EVENT SPECIFICATIONS: Program length not to exceed 1.5 minutes.

The full ice surface will be used.

Elements to be skated:

- | | |
|-------------------------------------|-------------------------------|
| 1. Axle | 3. Lutz/Loop Combination |
| 2. Ina Bower/Forward Outside Spiral | 4. Camel/Sit Spin Combination |

EVENT #59 SENIOR ELEMENTS PROGRAM

Competitors must have passed part of or the entire Senior Bronze Free Skate test OR higher.

EVENT SPECIFICATIONS: Program length not to exceed 1.5 minutes.

The full ice surface will be used. Elements to be skated:

- | | |
|------------------------------------|-------------------------------------|
| 1. Double Salchow | 3. Axel/Double Toe Loop Combination |
| 2. Straight Line Footwork Sequence | 4. Flying Camel/Back Sit Comb. Spin |

TEAM MANEUVERS

Open to men and women who will compete together. All team maneuver events to be composed of four (4) skaters. Each skater will do one element of their choice from the elements provided. All elements must be skated. Teams must enter with 4 skaters to compete. In the case that one skater becomes sick, or withdraws from the competition, the team may request permission from the Chief Referee to compete with 3 skaters (one skater will complete two of the elements) At the discretion of the Chief Referee, skaters competing in Team Maneuvers may request to skate UP one category in order to complete a team composition. (skater may be permitted to skate on 2 teams) Chief Referee will make decision after reviewing the clubs team rosters and concluding that there are no other options available in order to field a team. Maximum 1 skater per team may be considered for this exception. Should a club enter more than one (1) team in any category, team names must be provided, to clearly differentiate teams when judging.

EVENT #60 PRE-BEGINNER TEAM MANEUVERS

Skaters must be registered in the CanSkate Program. No tests passed in any discipline.

Four Elements to be skated: 1. Drag & 2 Bunny Hops 3. Forward Spiral

2. Waltz jump

4. One Foot Spin

EVENT #61 BEGINNER TEAM MANEUVERS

StarSkate registered skaters, must not have passed any portion of a free skate test.

Four Elements to be skated: 1. Forward Spiral, on a curve 3. Salchow Jump
2. Waltz /Loop Combination 4. Sit Spin

EVENT #62 LEVEL 1 TEAM MANEUVERS

Skaters must have passed the full Preliminary Free Skate but no portion of a higher complete test

Four Elements to be skated: 1. Lutz jump 3. Camel/Sit Spin Combination
2. Backward Outside Spiral 4. Split/Flip/1/2 Flip Combination

EVENT #63 LEVEL 2 TEAM MANEUVERS

Skaters must have passed the full Junior Bronze Free Skate Test but no portion of a higher complete free skate test. Four Elements to be skated:

1. Double Salchow 3. Ina Bauer/Spiral Field moves
2. Flying Camel Spin 4. Axle/Loop Jump Combination

EVENT #64 LEVEL 3 TEAM MANEUVERS

Skaters must have passed all or part of the Senior Bronze Free Skate Test, but no higher complete free skate test.

Four Elements to be skated:

1. Spiral Sequence (with a change of edge in the spiral position)
2. Axle / Double Loop Combination
3. Flying Sit change Sit Combination Spin
4. Double Toe Loop

EVENT #65 LEVEL 4 TEAM MANEUVERS

Skaters must have passed all or part of the Junior Silver Free Skate Test and may have passed any portion of a higher free skate test. Four Elements to be skated:

1. Straight Line Step Sequence
2. Flying Camel/Back Sit Combination Spin
3. Footwork into Double Lutz
4. Double Flip /Double Loop Combination.

TOTEM INTERCLUB
Fort St. John Figure Skating Club
Fort St. John, B.C.
March 19-21st, 2010

Name: _____ **Birthdate** _____ / _____ / _____
Month Day Year

Age: _____ Female _____ Male _____ **S.C. #** _____

Address: _____ **Telephone:** _____

City / Prov. & Postal Code _____ **Email Address** _____

Home Club _____ **Home Club Fax No.** _____

Coach _____ / _____ / _____
Name Phone Email

Name of Event to be entered: _____ **Event #** _____

Have you moved up from the category that you are qualified for? Yes _____ No _____

Are you a registered Special Olympic Athlete? Yes _____ No _____

Are you skating in more than one event? Yes _____ No _____ (If yes, complete a separate form for each)

Partner's Name (if applicable) _____ (attach separate form)

Highest tests passed: Singles _____ Pairs _____

Interpretive/Artistic _____ Dance _____ Skills _____

Title of Interpretive Program: _____ Length: _____

CLOSING DATE FOR ENTRIES: February 15, 2010 NO EXCEPTIONS PERMITTED

ENTRY FEES & FORMS: Send registration forms in triplicate and club cheque or money order, made payable to the Fort St. John Figure Skating Club.

Attention: Kim Gallagher - Registrar
10912 112th Avenue
Fort St. John BC. V2J 6H1

Phone: (250) 785-4673
Cell: (250) 262-9803
Email: fusiona@telus.net

I certify that the above named competitor is a member of the _____ Club,
is in good standing and is age and test eligible for the event specified above.

Club Test Chair's Signature _____ **Telephone** _____

Club Test Chairs Email: _____

Signature of Parent or Guardian (confirmation mandatory) _____

Signature of Skaters Coach (mandatory) _____

The Club and Region will not be responsible for accidents and/or injuries to competitors or guests.
The Fort St. John Figure Skating Club is hereby released from all liability, loss or injury.

COMPETITION ENTRY SUMMARY FORM

CLUB NAME: _____ **FAX NO:** _____

CONTACT NAME: _____ **PHONE NO:** _____

Please use one line for each participating club skater.

Please Type or print clearly.

Note: Skaters are restricted to competing in just 3 events plus 1 team event. Synchro will be considered a 'bonus' event.

	Name of Skater	Event(s) No.	Total Entry Fee(s)
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			

TOTAL ENTRY FEES FOR CLUB:		\$
Plus Competition Surcharge Fee: Multiply No. of skaters competing from your club by \$5.00	___ x \$5.00 =	
TOTAL AMOUNT ENCLOSED		\$

NOTE: The association and/or sponsors undertake no responsibility for damage or injuries suffered by skaters. As a condition and in consideration of their entries in the competition, all competitors and their parents or guardians shall be deemed to agree to assume all risk or injury to said competitors, to agree with the conduct and the management of the competition and to release all claims they may have against the officials, the association and/or the Fort St. John Skating Club and their volunteers. Entries will be accepted on this condition only.