

CNCR REGIONAL CHAMPIONSHIPS

PLEASE CHECK THIS ANNOUNCEMENT CAREFULLY AND ENTER EVENTS ACCORDINGLY.

DEADLINE FOR ENTRIES IS MIDNIGHT, February 5th, 2012

Sanctioned by Skate Canada and held under the Rules of Skate Canada

DATE: March 9 – 11th, 2012

HOST: Quesnel FSC

VENUE: Quesnel Twin Arenas
500 Barlow Ave
Quesnel, BC

ICE SURFACES: Arena #1: 79'5" x 181'6"
Arena #2: 85' x 185'

COMPETITION REGISTRAR : Natalie Marleau
3727 Gook Road
Quesnel, BC
V2J 6N7
250-747-0766
nmarleau@telus.net

COMPETITION CHAIRPERSON: Natalie Marleau
nmarleau@telus.net

PRACTICE ICE: There is no official practice ice.

ADMISSION: Admission will be free to all.

Online Registration must be completed BEFORE MIDNIGHT of February 5th, 2012 (closing date of entries). Instructions for on-line registration can be found on page 8 of this announcement.

Eligibility for entries is governed by tests passed and age as of closing date of entries for all STARSkate Events. For Competitive Events the age shall be as of July 1st, 2011 and tests as of closing date of entries. Late entries may be accepted at the discretion of the committee. A doubled fee penalty may apply.

Due to time constraints entries may need to be limited. Please get your entries in early to avoid disappointment. Should entries have to be limited they will be limited in the LOC events.

NOTE: CNCR Competitions restrictions allow skaters to enter 4 events maximum. They may enter only one event per category (example – one freeskate event – cannot enter Pre Prelim and Performance). Team Events and Synchro are not included in the 4 event maximum.

EVENTS TO BE HELD & ENTRY FEES:

| | | | |
|----------------------|-------------------------------------|-----|--------------------|
| Pre-Juvenile | Women | Men | \$65.00 |
| Juvenile | Women | Men | \$65.00 |
| Pre-Novice | Women | Men | \$105.00 |
| Novice | Women | Men | \$105.00 |
| Junior | Women | Men | \$105.00 |
| Senior | Women | Men | \$105.00 |
| Pre-Preliminary FS | Women | Men | \$55.00 |
| Preliminary FS | Women | Men | \$55.00 |
| Junior Bronze FS | Women 12 & Under Women 13 & Over | Men | \$65.00 |
| Senior Bronze FS | Women | Men | \$65.00 |
| Junior Silver FS | Women | Men | \$65.00 |
| Senior Silver FS | Women | Men | \$65.00 |
| Gold FS | Women | Men | \$65.00 |
| Pre-Introductory | Interpretive | | \$65.00 |
| Introductory | Interpretive | | \$65.00 |
| Bronze | Interpretive | | \$65.00 |
| Silver | Interpretive | | \$65.00 |
| Gold | Interpretive | | \$65.00 |
| Performance Programs | | | \$40.00 |
| Adult Open Free | Ladies | Men | \$65.00 |
| Showcase | Beginner | | \$35.00 |
| Showcase | Primary | | \$35.00 |
| Element Programs | | | \$30.00 |
| Spins | | | \$30.00 |
| Showcase Duets | | | \$20.00 per skater |
| Creative | | | \$30.00 |
| Synchro | | | \$50.00 per Team |

There is a **\$7.00 Competition Surcharge PER SKATER** in addition to the competition fee. When registering for your event on line, there will be a box to click for the skater fee.

LOC EVENTS:

PERFORMANCE PROGRAMS

Must not have passed any portion of the Preliminary Free Skating Test – no age restrictions.

Skaters shall be grouped by age. Warm up time – 3 minutes

Maximum 5 jump elements. Must not have any jump higher than a loop (this means no flip, lutz or axel).

Open to girls and boys who will compete together.

Program Time: 1.40 minutes maximum

ADULT

ADULT OPEN FREE

Skaters must be 17 years of age or older as of closing date of entries. Maximum of 3:10 min. Program time may be shorter. Program Criteria:

Maximum of 5 different jump elements – may include an axel and single or double jumps (triple jumps not permitted)

A Jump may be repeated twice but the second must be in combination or a sequence

Maximum of three jump combinations or sequences

Maximum of two jumps in combinations or sequences

3 Spins (combination with change of foot, flying spin with no change of position or foot and a spin of any nature)

Maximum of one step or spiral sequence

ELEMENT PROGRAMS

Events open to Men and Women who will compete against each other.

PRIMARY ELEMENTS

Skaters must not have passed any free skate test or part thereof. Half Ice Surface to be used.

1 minute maximum time. Elements to be skated:

1. Waltz Jump
2. Salchow Jump
3. Forward One Foot Spin
4. One Forward Spiral

PRELIMINARY ELEMENTS

Skaters must not have passed any higher than the Preliminary Free Skate test. Half Ice Surface to be used. 1 minute maximum time. Elements to be skated:

1. Loop
2. Waltz Jump/Loop combination
3. Sit Spin
4. Sequence of 2 spirals

BRONZE ELEMENTS

Skaters must not have passed any higher than the Junior Bronze Free Skate test. Full Ice Surface to be used. 1.5 min maximum time. Elements to be skated:

1. Axel
2. Two jump combination consisting of 2 singles or 1 double and 1 single jump
3. Change Combination Spin
4. Straight Line Step Sequence

SILVER ELEMENTS

Skaters must not have passed any higher than the Senior Bronze Free Skate /Juvenile Competitive test.

Full Ice Surface to be used. 1.5 min maximum time. Elements to be skated:

1. Double jump (skater has the choice but it cannot be used in the combination)
2. Two jump combination consisting of two doubles or one single and one double
3. Flying spin in one position without a change of foot.
4. Spiral Sequence- 2 Spirals (Men do Step Sequence)

GOLD ELEMENTS

Skaters must have passed the Junior Silver Free Skate test or higher. Full Ice Surface to be used. 1.5 min maximum time. Elements to be skated:

1. Axel or Double Axel
2. Two jump combination consisting of 2 doubles (no Axel)
3. Flying combination Spin

4. Step Sequence of any nature

SPINS

Skaters to perform two (2) spins. Event is open to Men and Women who will compete against each other.

PRIMARY SPINS

Skaters must not have passed any free skate test or part thereof.

Elements to be skated:

One Foot Spin

Sit Spin

PRELIMINARY SPINS

Skaters must not have passed any higher than the Preliminary Free Skate test.

Elements to be skated:

Camel Spin

Back Spin

BRONZE SPINS

Skaters must not have passed any higher than the Junior Bronze Free Skate test.

Elements to be skated:

Camel Sit Spin

Flying Camel Spin

SILVER SPINS

Skaters must not have passed any higher than the Senior Bronze Free Skate test.

Elements to be skated:

Combination Spin with one change of foot

Layback Spin (Ladies) or Cross Foot Spin (Men)

GOLD SPINS

Skaters must have passed the Junior Silver Free Skate test or higher.

Elements to be skated:

Sit Spin with Variation

Flying Combination Spin with change of foot

SHOWCASE

In this event the skater may create his/her own program. Their music selection may be vocal or instrumental. It is a fun event, difficulty of jumps and spins are not required elements. Costumes and accessories are encouraged. Skaters may use small props but no props are to remain on the ice. Props may be carried or attached but MUST NOT be set down during the skater's performance – non-compliance with this rule will result in disqualification.

Focus for judging will be on interpretation of music, basic skating skills, originality and portrayal of theme. Open to women and men who will compete together.

Skaters may enter Showcase only if they have not entered an Interpretive event.

BEGINNER SHOWCASE

Must not have passed any portion of a Free Skate Test. Must be first year competitors or seven years of age or under.

Program time: 1.0 minutes (+/- 10 seconds)

PRIMARY SHOWCASE

Competitors must not have passed the Preliminary Free Skating Test.

Program time: 1.0 minutes (+/- 10 seconds)

SHOWCASE DUETS

In this event, the skaters may use vocal or instrumental music. The Duet may consist of similar or mixed gender pairs. Difficult jumps and spins are not required elements. Costumes and accessories are encouraged. Skaters may use small props, but no props are to remain on the ice. Props may be carried or attached but not set down during the skater's performance. Non-compliance with this rule will result in disqualification.

Focus for judging will be: Skating Skills, Unison, music interpretation & creativity.

PRE- PRELIMINARY SHOWCASE DUET

Both skaters must not have passed any total free skate test.

Skating time: 1.0 minutes (+/- 10 seconds)

PRELIMINARY SHOWCASE DUET

At least one skater must have passed the complete Preliminary Free Skate Test but no higher portion of free skate test.

Skating time: 1.5 min (+/- 10 secs)

INTERMEDIATE SHOWCASE DUET

At least one skater must have passed the complete Junior Bronze Free Skate but no higher portion of free skate test.

Skating time 1.5 minutes (+/- 10 seconds)

SENIOR SHOWCASE DUET

At least one skater must have passed the complete Senior Bronze Free Skate Test or higher.

Skating time: 1.5 minutes (+/-10 seconds)

CREATIVE

In the creative events, the host committee will select a piece of age appropriate music, different for each event group. The skaters will hear the music selection for the first time in a dressing room prior to their warm-up. They will create an improvisational program. Warm up will be one minute without music followed by the music selection being played twice. After the warm-up all skaters will be escorted to a supervised, sound proof room to await their turn. Groups will be small enough that all skaters in each event group can warm-up together, so as not to disadvantage early skaters. Skaters will be grouped first by test level and then by age.

Open to women and men who will compete together.

PRIMARY CREATIVE

Competitors must not have passed more than the complete Preliminary Free Skate test.

Program: Maximum 1.0 minute in length

BRONZE CREATIVE

Competitors must not have passed more than the complete Junior Bronze Free Skate test.

Program: Maximum 1.5 minute in length

INTERMEDIATE CREATIVE

Competitors must have passed the complete Senior Bronze Free Skate test.

Program: Maximum 1.5 minute in length.

SENIOR CREATIVE

Competitors must have passed the complete Junior Silver Free Skate test or higher.

Program: Maximum 1.5 minute in length.

SYNCHRO

Synchro Teams must be registered by the Club. The parents are not to register their skater in this event.

BEGINNER 1

Team of 8 - 16 Skaters. Program time is maximum 2:10 min (program time may be shorter and will receive no penalty). No age Limit.

BEGINNER II

Team of 8 – 16 Skaters. Program time is maximum 2:40 min (program time may be shorter and will receive no penalty) Skaters must not have reached the age of 12 as of July 1 preceding the competition and at least 75% must not have reached age of 10 as of July 1 preceding the competition.

ELEMENTARY

Team of 8 – 16 Skaters. Program time is maximum 2:40 min (program time may be shorter and will receive no penalty). Skaters must not have reached the age of 15 as of July 1 preceding the competition and at least 75% must not have reached the age of 12 as of July 1 preceding the competition.

JUVENILE

Team of 8 – 16 skaters. Program time is maximum 3:10 min (program time may be shorter and no penalty will be received). Skaters must not have reached the age of 15 as of July 1 preceding the competition.

PRE NOVICE

Team of 8 – 16 Skaters. Program time is maximum 3:10 min (program time may be shorter and no penalty will be received). Skaters must not have reached the age of 19 as of July 1 preceding the competition and at least 75% must have reached the age of 10.

GENERAL INFORMATION

For event specifications please refer to the 2011-2012 BC/YT Technical Packages for STARSkate and Competitive, posted on the [Technical Page](#) of the Skating in BC website. www.skatinginbc.com

Planned Program Sheets: Pre-Preliminary and Preliminary Free Skate categories will be marked using the [BC Section Preliminary Points System](#). All other events will be judged using CPC scoring system. Skaters in all competitive events and STARSkate Free Skate events MUST submit a planned program sheet by email, mail or fax to the Competition Registrar at least ONE WEEK before the Competition. **Competition Registrar, Natalie Marleau, nmarleau@telus.net. Fax – 250-992-6015.**

If an event has only one competitor, the skater will be informed and have the option of skating up an event, skating for an evaluation only, or withdrawing with a refund. Competitors may skate up one category higher than they are qualified.

Should entries in a category be exceedingly large, competitive categories will be divided into smaller groups drawn by lot, which may also be drawn by computer. STARSkate groupings will be divided according to age; interpretive events will be divided by free skate test level first and then if further grouping is required, by age. Skaters may enter only one event in each discipline of singles and interpretive. Skaters choosing to enter more than one event do so with the understanding that there may be scheduling conflicts that are unable to be resolved.

REGISTRATION: Registration will commence at least one hour prior to the first scheduled event of each day. The registration desk will remain open for the duration of each day's events and, where possible, competitors are encouraged to register a minimum of one hour prior to their event. Scheduling times may fluctuate and competitors should be aware that events could begin up to 30 minutes before those posted on the published schedule.

A tentative schedule of events will be posted on the [BC/YT Section](#) website and on the [CNCR](#) website. There will be an official bulletin board in the Arena listing the starting time of all events. This schedule will supersede all other schedules. The posting of notices on this board will be considered sufficient notification.

WARM UP TIMES:

| | |
|--|-----------|
| Pre-Preliminary | 3 minutes |
| Preliminary, Junior & Senior Bronze; Interpretive | 4 minutes |
| Pre-Juvenile, Junior Silver, Senior Silver & Gold & Adult Open | 5 minutes |
| Juvenile to Senior | 6 minutes |
| LOC | 3 minutes |

The duration of the warm up periods may be reduced at the discretion of the referee to a minimum of three minutes. All warm up periods for one event must be equal.

MUSIC REGISTRATION: Music will not be accepted unless it complies with this announcement. Music must be turned in at least one hour prior to the start of the event. Upon Registration, each entry must provide 2 CD's; one for competition marked "Master" and one for backup marked "Copy".

Standard Specifications for CDs:

- Only one (1) program shall be recorded on each CD.
- The start of the music shall be recorded on CD at least 3 seconds following the head leader and not more than 5 seconds.
- Music shall be recorded at equal levels on both left and right channels in stereo.
- Music recording levels shall be a maximum of OVU and a minimum of SVU.
- CDs must be marked with the skater's name, home club, event and total music time (not skating time) and enclosed in their integral container, also marked accordingly.

The Competition Committee will accept no responsibility against damaged or lost CDs, but will take every precaution to safeguard them.

AWARDS: Presentation of medals for 1st, 2nd & 3rd place will take place throughout each day of the competition to accommodate the skaters.

Performance Programs will all receive a generic medal. The level they are awarded will be reflected on their certificate and evaluation.

Please look for the time of presentations on the official bulletin board and throughout the arena and keep in mind that presentation time and place is subject to change.

There will be two Team trophies awarded - one will be awarded to the Club whose skaters earn the most medal points and the other will be awarded to the Club with the highest score based on the Club's total medal points divided by the number of Club skaters registered at the start of the Event (as determined by the Chief Data Specialist).

| | | | | |
|-----|-------------------|---|-----------------------|----------|
| (a) | 4 or more entries | - | 1 st place | 3 points |
| | | - | 2 nd place | 2 points |
| (b) | 3 entries | - | 3 rd place | 1 points |
| | | - | 1 st place | 2 points |
| (c) | 2 entries | - | 2 nd place | 1 points |
| | | - | 1 st place | 1 points |

Artistic Awards: Two (2) Artistic Awards will be presented. These will not be decided by the Skating Panel of Judges but by local persons who are involved in the Arts/Performance in some capacity. There will be one **Junior** (Pre Prelim to Junior Bronze Freeskate and Pre Juvenile to Juvenile Freeskate) and one **Senior** (Senior Bronze to Gold Freeskate and Pre Novice to Senior Freeskate)

Coaches: It is mandatory for all participating coaches to register at competitions and show their accreditation at all times during the competition in order to be at ice level during the events. Temporary accreditation will be issued by showing current Skate Canada membership and First Aid information; cost \$25, payable to CNCR Coaches Committee.

Parents are not permitted in dressing rooms and the competition host club committee will provide a "common area" where parents can be with their skaters before they compete

BC/YT SECTION & CNCR Online Registration Instructions

Skate Canada - BC/YT Section and the CNCR have an online registration system with the company Karelo.com. To register online please follow [this link](#) for Online Registration. Please carefully follow these steps:

Using Karelo for the first time:

The first time you use Karelo.com to register for an event, you will be asked to choose a [login name & a password](#), and to enter your contact information. **When entering contact information, please use the skater's name and not the parent's name.** Skate Canada Number must be entered as per your Skate Canada Card (i.e. 10 digits including all zeros). This is a very short and simple step that will enable you to avoid the hassle of re-entering your information for each event registration! Your contact information is never shared with third parties. Please review Karelo's ['Privacy Policy'](#) for more details.

Entering your registration:

If you have never used Karelo.com before, go to ['I am new to Karelo.com'](#) and select a login name and a password; enter your contact information. Then follow these steps:

1. Log in. Select the event that you want to register for from the [Event List](#)
2. Enter your registration information.
3. Enter your credit card information (Visa or MasterCard). This is a secure transaction. Your credit card is charged immediately. You may also pay by Debit.
4. You are registered! Check your email for the confirmation email with your registration details. **IMPORTANT: If you DO NOT receive an email confirmation from Karelo.com or receive a confirmation number, then you are NOT REGISTERED for the competition. Please email Sandra Lenuik at sandral@telus.net**

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