

CNCR REGIONAL CHAMPIONSHPS

January 18 – 20th, 2019



HOST: QUESNEL FIGURE SKATING CLUB

Online registration must be completed by 11:45 pm, FRIDAY, DECEMBER 7th, 2018. Instructions for entering can be found on Page 7 of this Announcement.

NEW: 48 hours following the closing of online registration, a list of all registrants will be posted on the [CNCR Regional Championships](#) competition page of Skating in BC website. Everyone then has 48 hours to notify the Registrar (Cheryl Walters) of any changes. Beyond this time period, no changes will be permitted. This is to facilitate a faster turn-around time for the competition schedule to be published and for the Tech Rep to organize officials for the competition.

DATE: January 18 – 20, 2019

HOST: Quesnel Figure Skating Club

**VENUE: West Fraser Centre
330 Vaughan Street
Quesnel, BC**

**ICE SURFACE Rink 1 – 200' x 85'
Rink 2 – 185' x 79'**

**REGISTRAR &
COMPETITION CHAIRPERSONS**

Kayla Powell – kaylapowell1@hotmail.com – (250-991-7080)

Lynne Dunn – ldunn@telus.net – (250-983-2464)

Karelo Registration Questions: Cheryl Walters
Email: kcwalters@shaw.ca

TECH REP: Tiffany Edwardson

TECHNICAL INQUIRIES: Marilyn Kreuzinger
Email: kreuzfam@gmail.com

EVENTS TO BE HELD & ENTRY INFORMATION

STAR 1	Girls	Boys	\$55.00
STAR 2	Girls	Boys	\$70.00
STAR 3	Girls	Boys	\$80.00
STAR 4	Girls U10	Boys	\$80.00
STAR 4	Girls U13		\$80.00
STAR 4	Girls 13 & O		\$80.00
STAR 5	Girls U10	Boys	\$80.00
STAR 5	Girls U13		\$80.00
STAR 5	Girls 13 & O		\$80.00
STAR 6	Women	Men	\$80.00
STAR 7	Women	Men	\$80.00
STAR 8	Women	Men	\$80.00
STAR 9	Women	Men	\$80.00
STAR 10	Women	Men	\$80.00
GOLD	Women	Men	\$80.00
*Pre-Juvenile	Women U11		\$80.00
*Pre-Juvenile	Women U13	Men	\$80.00
Juvenile	Women U12		\$80.00
Juvenile	Women U14		\$80.00
Pre-Novice Short Program	Women U16	Men U16	\$80.00
Pre-Novice Free Program	Women U16	Men U16	\$80.00
Novice Short Program	Women U17	Men U17	\$80.00
Novice Free Program	Women U17		\$80.00
Pre-Introductory Interpretive	Combined Women & Men		\$75.00
Introductory Interpretive	Combined Women & Men		\$75.00
Bronze Interpretive	Combined Women & Men		\$80.00.00
Silver Interpretive	Combined Women & Men		\$80.00
Gold Interpretive	Combined Women & Men		\$80.00
Couples Introductory Interpretive			\$44.00 /per skater
Couples Bronze Interpretive			\$44.00 /per skater
Couples Silver Interpretive			\$44.00 /per skater
Couples Gold Interpretive			\$44.00 /per skater
STAR 2 Elements	Combined Women & Men		\$40.00
STAR 3 Elements	Combined Women & Men		\$40.00
STAR 4 Elements	Combined Women & Men		\$40.00
STAR 5 Elements	Combined Women & Men		\$40.00
STAR 6 Elements	Combined Women & Men		\$40.00
STAR 7/8 Elements	Combined Women & Men		\$40.00
STAR 9/10 Elements	Combined Women & Men		\$40.00
GOLD Elements	Combined Women & Men		\$40.00
Open Elements (this event will be offered if not enough entries in Star 6 & up)	Combined Women & Men Do not enter; skaters will be informed if numbers warrant change of category to Open Elements		\$40.00
STAR 2/3 Solo Pattern Dance	Combined Women & Men		\$50.00
STAR 4/5 Solo Pattern Dance	Combined Women & Men		\$50.00
STAR 6/7 Solo Pattern Dance	Combined Women & Men		\$50.00
STAR 8/9 Solo Pattern Dance	Combined Women & Men		\$50.00
STAR 10/Gold Solo Pattern Dance	Combined Women & Men		\$50.00
Quad Threat STAR 1	Combined Women & Men		\$50.00

Quad Threat STAR 2	Combined Women & Men	\$50.00
Quad Threat STAR 3	Combined Women & Men	\$50.00
Individual Showcase 1	Combined Women & Men	\$60.00
Individual Showcase 2	Combined Women & Men	\$60.00
Individual Showcase 3	Combined Women & Men	\$75.00
Individual Showcase 4	Combined Women & Men	\$75.00
Group Showcase 1	Combined Women & Men	\$70.00 per group
Group Showcase 2	Combined Men & Women	\$70.00 per group
Group Showcase 3	Combined Men & Women	\$85.00 per group
Group Showcase 4	Combined Men & Women	\$85.00 per group
Special O Level 1		\$64.00
Special O Level 2		\$64.00
Special O Level 3		\$64.00
Special O Level 4		\$64.00
Special O Level 5		\$64.00
Special O Level 6		\$64.00

*Pre-Juvenile Singles events in BC/YK competitions allow program time option of 2:00 or 2:30 minutes +/- 10 seconds.

QUAD THREAT EVENTS – skaters may enter Elements or Quad Threat but not both

Quad Threat Events – Elements will be performed to a selected piece of music that will be electronically sent to all invited Clubs. Elements are performed in a solo type format. Elements may be performed in any order. STAR 1 and STAR 2 Events are to be choreographed on ½ ice. Technical marks will be given for the 3 required Elements and the Program Component “Presentation” will be awarded for the “Theatrical Aspect” of the Program.

Note – the Choreography Sequence elements may be skated in any order. However, they must be skated consecutively – footwork, crosscuts and steps may be used between the elements.

All Quad Threat events will be assessed.

STAR 1 Quad Threat

Skating time: 45 secs

Jump: Waltz Jump

Spin: 1-foot spin

Choreographed Sequence: Bunny Hop/Drag

STAR 2 Quad Threat

Skating time: 50 secs

Jump: Salchow

Spin: Back spin

Choreographed Sequence: Forward Spiral/Shoot the Duck

STAR 3 Quad Threat

Skating time: 1 min

Jump: Flip/Loop combination

Spin: Sit spin or camel spin

Choreographed Sequence: Spread Eagle/FWD Spiral/BWD Drag

Entry Information: Entry fees shall be refunded only if the competition is not held or if the entry is withdrawn before the closing date of entry. No refunds will be given after the closing date of entries of the competition December 7, 2018) for any reason whatsoever. Competition Surcharge is included in the fees. All payments must be made online at the time of registration.

LATE ENTRIES WILL BE ACCEPTED AT THE DISCRETION OF THE LOC AND TECH REP AND WILL BE CHARGED DOUBLE THE ENTRY FEE.

[Online Registration](#) must be completed by 11:45 p.m. Friday, December 7th, 2018. Instructions for entering online can be found on page 7 of this announcement.

For all categories age shall be the age of the skater before July 1, 2018 and tests passed shall be as of December 7, 2018 (closing date of entries). Age categories may be combined if there are insufficient entries in an individual category.

For event requirements and specifications, please refer to the 2018-2019 Skate Canada Technical Requirements Guides for STAR and Competitive, posted on the Technical page of the [Skating in BC website](#). The Solo Dance Draw and the Elements event requirements are included in the STAR Technical Requirements Guide.

PLANNED PROGRAM SHEETS for ALL Free Skate events except STAR 1, 2, 3 and 4 are to be entered through Karelo when entering the Freeskate Event. **You will not be able to complete your Registration without entering the Planned Program Sheet.**

A tentative schedule of events and groups will be posted on the [CNCR Regionals Competition](#) page of the BC/YK Section and on the [CNCR](#) website. Any last-minute changes to schedules will be posted on the websites and also at the arena. **Please note that events may start up to one hour earlier than scheduled.**

Starting orders will be posted a minimum of 24 hours prior to the start of the competition.

ADDITIONAL INFORMATION

1. Skaters may enter only one event per discipline of singles, pairs, dance and interpretive. If short and free programs are listed as separate events, then one short and one free program category may be entered. Depending on scheduling, skaters should be prepared to skate two programs on the same day. Skaters choosing to enter more than one event do so with the understanding that there may be scheduling conflicts that are unable to be resolved.
2. Should entries in an event be exceedingly large, the event will be divided into smaller group according to age. Each group will be considered a final.
3. If there is only one entry in any event, the competitor may skate for an evaluation*, skate up one level, or withdraw and the entry fee will be refunded. *Skating for an evaluation is only applicable to competitive categories and STAR/STARSkate Freeskate categories. If a technical panel is not available, the evaluation will be for Program Components only.
4. ON-SITE REGISTRATION: Skaters must register at least one hour before they are scheduled to skate.
5. SIZE OF WARM-UP GROUPS: The maximum number of skaters on warm-up for all STAR categories except STAR 1, will be 8.

6. WARM UP TIMES:

STAR 2	3 minutes
STAR 3 -5	4 minutes
STAR 6 -Gold, Pre-Juvenile	5 minutes

Juvenile, Pre-Novice, Novice	6 minutes
Interpretive	3 minutes
Elements & Team Elements	3 minutes
All Pattern Dances	30 seconds without music, then 2 minutes 30 seconds with music
Quad Threat	3 minutes
Special O	6 minutes

The warm-up periods may be reduced to a minimum of 3 minutes at the discretion of the referee. All warm-up periods for one event must be equal.

7. COACHES: It is mandatory for all participating coaches to register at competitions and show their accreditation at all times during the competition in order to be at ice level during the events. Temporary accreditation will be issued for \$25.00 by showing current Skate Canada membership and First Aid information.
8. ADMISSION will be free to all
9. AWARDS will be presented every hour on the hour.
10. PHOTOGRAPHY: Persons wishing to take photographs of on ice performances are reminded that use of flash cameras is forbidden. The use of video cameras must be restricted to areas that do not hamper the skaters or officials. **PLEASE NOTE:** you may only take pictures or videos of your own skater.
11. Tests at Competitions: Intermediate & high tests can be tested during the competition and as per the CNCR Test at Competitions Policy. This also includes all Interpretive tests. Skaters must be registered to compete in the same event they are testing in. The exception is skaters competing in a competitive category (Juvenile or higher) who may also apply for Junior Silver, Senior Silver or Gold Free Skate. In this case, the skater must pay for both Part 1 and Part 2. If the test is passed, they will be credited with the complete test. The cut-off date for the test requests is the cut-off date for the competition.
12. Protests: [Skate Canada Protest Rule](#) will be followed. In addition, if there is an event using manual calculation where the results are not posted within one hour of the completion of the last event of the day, the protest must be made to the Event Referee within the first hour of the following day's competition. If the Event Referee is unavailable, the protest may be made to the Technical Representative.

MUSIC REQUIREMENTS

- ALL SKATERS with the exception of STAR 1 must submit music online as part of the Online Music Registration.
- Quad Threat music will be supplied by the host club.
- Music will only be accepted electronically via MP3 format. Do not begin the registration process until you have your music file ready to load.
- All mp3 files to be uploaded, must include the **skater's first name, last name and the event the music is for** in the file name. e.g. **Cheryl Walters – PreNovice Women U16.mp3**. Questions can be directed to Cheryl Walters - kcwalters@shaw.ca
- Music files are not kept for the next competition. Skaters must submit their music for each individual competition.
- Competitors must hand in **a USB flash drive** back up file (**CDs no longer accepted**) at the registration desk at least one hour prior to the start of their event. The Organizing Committee will accept no responsibility against damage but will take every precaution to safeguard each USB..

- Alternate electronic items such as iPhones, tablets, mp3 players etc. will not be accepted for playing music.

ONLINE REGISTRATION INSTRUCTIONS

CNC Region has an online registration system with the company Karelo.com. All registrations must be completed using this online system. [Click here](#) to register.

The registration system will generate an automatic email to the skater's coach. Coaches are encouraged to check the confirmation email to ensure their skater(s) is registered in the correct event.

IMPORTANT: If you and your coach DO NOT receive an email confirmation from Karelo.com or receive a confirmation number, then you are NOT REGISTERED for the competition. Please contact Cheryl Walters kcwalters@shaw.ca or Laura Dunn ldunn@telus.net or Kayla Powell kaylapowell@hotmail.com if this occurs.

Using Karelo for the first time: The first time you use Karelo.com to register for an event, you will be asked to choose a [log in name & a password](#), and to enter your contact information. **When entering contact information, please use the SKATER's name and NOT the parent's name.** Skate Canada Number must be entered as per your Skate Canada Card (i.e. 10 digits including all zeros). This is a very short and simple step that will enable you to avoid the hassle of re-entering your information for each event registration! Your contact information is never shared with third parties. Please review Karelo's [Privacy Policy](#) for more details.

Entering your registration:

If you have never used Karelo.com before, go to '[I am new to Karelo.com](#)' and select a login name and a password; enter your contact information. Then follow these steps:

1. Log in. Select the event that you want to register for from the Event list.
2. Enter your registration information, including the Planned Program Sheet information (if applicable). You will not be able to complete your registration without this.
3. Enter your credit card information (Visa or MasterCard). This is a secure transaction. Your credit card is charged immediately.
4. You are registered! Check your email for the confirmation email with your registration details.