

Champs International

For these two days, world class coaching experts come together to work with skaters:

Pre-Juv – Juv, Group 1 \$200
Pre-Novice – Novice, Group 2 \$200
Junior – Senior, Group 3 \$245, also includes private instruction
GST taxes extra

Seminar

2015

May 5th 1 pm – 8 pm

May 6th 9 am – 5 pm

Burnaby 8 Rinks



This camp is designed by Joanne McLeod World & Olympic Team Coach for High Performance Development towards ISU Excellence.

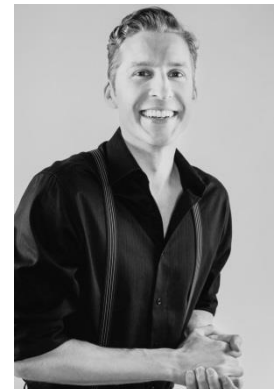
Supported by the Skate Canada BC/YK Section



Manon Perron
World/Olympic Medalist Coach



Ben Ferreira
World Team Member & Dartfish Expert



Shae Zukiwsky
ISU Specialist
International Choreographer

There are two full days with multiple on-ice sessions for each group. Skaters from outside Champs International are welcome to join on first come first served bases. All registrations must have base coach approval; payment in full.

Seminar Includes:

- Jump element technique advancement
- Spin elements 2015/16 Season
- Dartfish analysis
- Improve flow, power, quality, and posture of skating skills
- Movement/edge-turn transitions to musical Phrases
- Parent session "High Performance Demands for Training Elite Athletes"

REGISTER

Champs International Administration
Registration Deadline: April 20, 2015

Admin Phone

604-291-0626 (Ext 258)

Email

champsinternational@icesports.com

Online

<http://www.icesports.com/burnaby8rinks/competitive-training.aspx>