



**Lower Mainland Synchronized Skating Club Intermediate Team
Ice X-plosion**

Coached by Danalee Harrison and managed by Coleen Melsted

The team has been together for only two years and ages range from early teens to mid-20's. They had a wonderful trip to Quebec City for Synchro Nationals recently where they competed and also took in some fun activities such as visiting the Ice Hotel and tubing and tobogganing. Ice X-plosion is looking forward to an even more exciting season for 2015-16.

Intermediate teams consist of 12 to 16 skaters. Skaters must have reached the age of 12 as of July 1st preceding the competition but must not have reached the age of 25 as of July 1st preceding the competition.

If you are interested in skating on a competitive Intermediate team and your skating level is Junior Silver or above, please see the details below. We would love to have you come out and give it a try.

**Intermediate Team Spring Sessions
Surrey Sport and Leisure Centre (Fleetwood Arena), 16555 Fraser Hwy, Surrey
Tuesdays May 12 – June 9
7:30-9:00pm**

**Tryouts will be held at the same location on Thurs. June 11 from 6:30-7:30pm.
Please arrive at least 15 minutes early to all sessions.**

For more information or registration please contact coach, Danalee, at figsk8coach1@shaw.ca