

INLET SKATING CLUBS PRESENTS SYNCHRO SPRING DEVELOPMENT!!



What is synchronized skating?

It is an exciting team sport where 8-20 athletes skate together in complete unison. The objective is for the team to perform as one unit executing circles, blocks, lines, wheels and intersections in unison to the music, while demonstrating quality edges, power and flow. What is so wonderful about Synchro are the camaraderie and friendships that are made and the fun skaters have performing together as a team!

What is Synchro Development?

Skaters will practice developing strong turns, edges, and field moves which are the backbone of synchronized skating. Skaters will learn how to execute and perform synchro elements including pivot blocks, lines, circles, and intersections all within a FUN group environment!

When: Wednesdays 7:00- 7:45am

Age: ANY AGE!!

Skill level: Star 2 and up! NEW AND RETURNING SYNCHRO SKATERS WELCOME

Experiencing synchro is the best way to know if it's for you!!!

Please contact Coach Heather Collier for more information: h.collier20@gmail.com or go to <http://www.inletskatingclub.com/registration/> to register.

