

# 2019 - Mountain Regional Synchronized Skating Championships

January 25-27, 2019

*Tentative Schedule as at December 20, 2018 - Subject to Change*

FRI - JAN 25					
Start	End	Category	Prog	No.	Duration
18:46	19:34	Open	Prac	4	0:48
19:34	19:54	FLOOD			0:20
19:54	20:30	Intermediate	Prac	3	0:36

SAT - JAN 26					
Start	End	Category	Prog	No.	Duration
9:00	9:40	Adult II	F1	6	0:40
9:40	10:10	FLOOD + WELCOME			0:30
10:10	10:40	Elementary	F1	5	0:30
10:40	11:00	FLOOD			0:20
11:00	11:10	Beginner I		2	0:10
11:10	11:35	Intermediate	F1	3	0:25
11:35	11:55	FLOOD			0:20
11:55	12:15	Adult I	F1	3	0:20
12:15	12:35	Adult III	F1	3	0:20
12:35	12:55	FLOOD			0:20
12:55	13:30	Open	F1	4	0:35
13:30	13:50	FLOOD			0:20
13:50	14:25	Juvenile	F1	5	0:35
14:25	14:45	FLOOD			0:20
14:45	15:30	Pre-Novice	F1	6	0:45
15:30	15:50	FLOOD			0:20
15:50	16:30	Adult II	F2	6	0:40
16:30	16:50	FLOOD			0:20
16:50	17:20	Elementary	F2	5	0:30
17:20	17:40	FLOOD			0:20
17:40	18:00	Adult I	F2	3	0:20
18:00	18:20	Adult III	F2	3	0:20

SUN - JAN 27					
Start	End	Category	Prog	No.	Duration
9:00	9:45	Pre-Novice	F2	6	0:45
9:45	10:05	FLOOD			0:20
10:05	10:30	Intermediate	F2	3	0:25
10:30	10:50	FLOOD			0:20
10:50	11:25	Juvenile	F2	5	0:35
11:25	11:45	FLOOD			0:20
11:45	12:20	Open	F2	4	0:35