- **Does the skater need to have a starting pose?**
  - The skater should take a starting position as this signals to the panel that the skater is beginning. When the skater's name is called, they should skate to their starting spot and stop. Once the skater has come to a stop, they can begin their elements.
- **Can a skater go back to their coach at the boards between elements?**
  - No, once a skater begins, they cannot go back to their coach at the boards until they have finished all their elements. Once a skater has begun, they have 2 minutes to complete their elements.
- **Will the skater be marked on the transitions and steps between the elements?**
  - No, only the elements will be marked. No transitions or steps will be marked.
- **Does the skater need to submit music for their elements?**
  - Skaters may submit a piece of music that they would like played while they are completing their elements. If no music is submitted a piece of music chosen by the music players will be played. Skaters do not need to "skate to the music" as Program Components will not be evaluated.
- **Does the skater need to have an ending pose?**
  - The skater should come to a stop after their last element is completed. This signals to the panel that the skater is finished.