

2023 - Kootenay Regional Championships

February 17 to 19, 2023 in Creston, BC

Tentative Schedule as at January 27, 2023 - Subject to Change

FRIDAY - February 17, 2023						
Start	End	Category	Prog	Group	No.	Duration
14:30	14:45	STAR 4/5 Solo Dance - Follow	PD		2	0:15
14:45	15:30	STAR 6/7 Solo Dance - Follow	PD		9	0:45
15:30	15:55	STAR 8/9 Solo Dance - Follow	PD		5	0:25
15:55	16:20	STAR 10/Gold Solo Dance - Follow	PD		4	0:25
16:20	16:35	FLOOD				0:15
16:35	16:45	STAR 4 Girls U10	F		2	0:10
16:45	17:25	STAR 4 Girls U13	F		9	0:40
17:25	18:15	STAR 4 Girls 13&O	F		12	0:50
18:15	18:15	Adult Bronze Artistic	A		1	0:15
18:15	18:30	Adult Gold Artistic	A		2	
18:30	18:45	FLOOD				0:15
18:45	19:20	STAR 7 Artistic	A	1	9	0:35
19:20	19:50	STAR 7 Artistic	A	2	8	0:30
19:50	20:30	STAR 9 Artistic	A		10	0:40
20:30	20:50	Gold Artistic	A		5	0:20

SATURDAY - February 18, 2023						
Start	End	Category	Prog	Group	No.	Duration
8:00	8:50	STAR 7 Women	S		8	0:50
8:50	9:15	STAR 9 Women	S		4	0:25
9:15	9:25	STAR 9 Man	S		1	0:10
9:25	9:35	Pre-Novice Women	S		1	0:10
9:35	9:35	Adult Bronze Free Skate	F		1	0:15
9:35	9:50	Adult Gold Free Skate	F		1	
9:50	10:05	FLOOD				0:15
10:05	10:05	Individual Showcase 1	A		2	0:15
10:05	10:20	Individual Showcase 3	A		2	
10:20	10:30	Group Showcase 1	A		2	0:10
10:30	10:45	Group Showcase 2	A		3	0:15
10:45	11:15	Group Showcase 3	A		7	0:30
11:15	11:20	Group Showcase 4	A		1	0:05
11:20	12:10	STAR 5 Artistic	A	1	12	0:50
12:10	13:00	STAR 5 Artistic	A	2	12	0:50
13:00	13:15	FLOOD				0:15
13:15	13:30	STAR 2 Elements	E		5	0:15
13:30	13:45	STAR 3 Elements	E		6	0:15
13:45	13:55	STAR 4 Elements	E		4	0:10
13:55	14:05	Open Elements	E		3	0:10
14:05	14:20	STAR 5 Women U13	F		2	0:15
14:20	15:10	STAR 5 Women 13&O	F		10	0:50
15:10	16:00	STAR 6 Women	F		9	0:50
16:00	16:15	STAR 8 Women	F		2	0:15

16:15	16:30	FLOOD				0:15
16:30	16:50	STAR 10 Women	F		3	0:20
16:50	16:50	Gold Man	F		1	0:15
16:50	17:05	Pre-Juvenile Man	F		1	
17:05	17:05	Juvenile Woman	F		1	0:15
17:05	17:20	Pre- Novice Woman	F		1	
17:20	17:30	STAR 3 Synchro	E		1	0:10
17:30	18:20	Team Showcase	A		11	0:50

SUNDAY - February 19, 2023						
Start	End	Category	Prog	Group	No.	Duration
8:00	8:25	STAR 1 Girls and Boys	E	1	6	0:25
8:25	8:50	STAR 1 Girls and Boys	E	2	7	0:25
8:50	9:20	STAR 2 Girls and Boys	F	1	8	0:30
9:20	9:50	STAR 2 Girls and Boys	F	2	8	0:30
9:50	10:20	STAR 2 Girls and Boys	F	3	8	0:30
10:20	10:35	FLOOD				0:15
10:35	11:05	STAR 3 Girls	F	1	7	0:30
11:05	11:35	STAR 3 Girls	F	2	7	0:30
11:35	11:45	STAR 2/3 Solo Dance - Follow	PD		2	0:10