

Competition Schedule 2023 Mountain Regional Synchronized Skating Championships
Sunday Jan 22, 2023

19-Jan

Category	Team Name	Club	Warm Up Area	Enter Warm Up	Exit Warm Up	Dressing Room	Enter Dressing Room	On Ice	Off Ice	Leave Dressing Room
	Starting Order									
Pre Novice F2	1		Sinclair Centre - Active Studio	8:20	8:35	1	8:40	9:00	9:08	9:28
Pre Novice F2	2		Bill Copeland - downstairs	8:30	8:45	2	8:47	9:08	9:15	9:35
Pre Novice F2	3		Sinclair Centre - Active Studio	8:35	8:50	3	8:55	9:15	9:23	9:43
Pre Novice F2	4		Bill Copeland - downstairs	8:45	9:00	4	9:03	9:23	9:30	9:50
Flood	Starting Order							9:30	9:45	
Juvenile F2	1		Bill Copeland - downstairs	9:20	9:35	5	9:25	9:45	9:53	10:13
Juvenile F2	2		Sinclair Centre - Active Studio	9:10	9:25	1	9:33	9:53	10:01	10:21
Juvenile F2	3		Bill Copeland - downstairs	9:25	9:40	2	9:41	10:01	10:09	10:29
Juvenile F2	4		Sinclair Centre - Active Studio	9:30	9:45	3	9:49	10:09	10:17	10:37
Juvenile F2	5		Bill Copeland - downstairs	9:40	9:55	4	9:57	10:17	10:25	10:45
Flood	Starting Order							10:25	10:40	
Open F2	1		Bill Copeland - downstairs	10:00	10:15	5	10:20	10:40	10:50	11:10
Open F2	2		Sinclair Centre - Active Studio	10:10	10:25	1	10:30	10:50	11:00	11:20
Open F2	3		Bill Copeland - downstairs	10:20	10:35	2	10:40	11:00	11:10	11:30
Flood	Starting Order							11:10	11:25	
Novice	1		Bill Copeland - downstairs	10:45	11:00	3	11:05	11:25	11:33	11:53
Novice	2		Sinclair Centre - Active Studio	10:50	11:05	4	11:13	11:33	11:41	12:01
Novice	3		Bill Copeland - downstairs	11:00	11:15	5	11:21	11:41	11:50	12:10
Flood	Starting Order							11:50	12:05	
Junior	1		Bill Copeland - downstairs	11:25	11:40	1	11:45	12:05	12:15	12:35
Junior	2		Sinclair Centre - Active Studio	11:30	11:45	2	11:55	12:15	12:25	12:45

MEDALS

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