



Synchro Monitoring 2023 Schedule

SATURDAY - OCTOBER 21, 2023

Start	End	Team	Category	Duration
9:00	10:00	LMSSSC Junior	Junior Short	1:00
10:00	10:30	LMSSSC X-perience	Adult III	0:30
10:30	11:30	GVSSC Cascadia	Intermediate	1:00
11:30	12:00	FLOOD & Break		0:30
12:00	12:45	GVSSC Cascadia	Adult II	0:45
12:45	13:30	GVSSC Cascadia	Pre Novice	0:45
13:30	14:30	GVSSC Cascadia	Adult I	1:00
14:30	15:00	FLOOD & Break		0:30
15:00	15:45	LMSSC Ice X-quisite	Adult II	0:45
15:45	16:45	LMSSC Ice X-Calibur	Open	1:00

SUNDAY - OCTOBER 22, 2023

Start	End	Team	Category	Duration
9:00	10:00	LMSSC Junior	Junior Free	1:00
10:00	10:45	LMSSC Ice X-pectation	Juvenile	0:45
10:45	11:30	Aldergrove Snow Crystals	Juvenile	0:45
11:30	11:45	FLOOD		0:30
11:45	12:30	Aldergrove Ice Spirits	Adult II	0:45
12:30	13:30	Aldergrove Icicles	Novice	1:00
13:30	14:30	LMSSC Ice X-cel	Novice	1:00