

2023 Vancouver Island Regional Competition

Nanaimo BC | February 3-5, 2023

Tentative Schedule as at January 18, 2023- Subject to Change

Friday February 3						
Start	End	Category	Prog	Group	No.	Duration
10:00	10:25	STAR 2	F	1	7	0:25
10:25	10:50	STAR 2	F	2	7	0:25
10:50	11:15	STAR 2	F	3	7	0:25
11:15	11:40	STAR 2	F	4	7	0:25
11:40	12:05	STAR 2	F	5	7	0:25
12:05	12:20	Flood				0:15
12:20	12:50	STAR 2	F	6	7	0:30
12:50	13:20	STAR 2	F	7	8	0:30
13:20	13:50	STAR 2	F	8	8	0:30
13:50	14:15	STAR 3	F	1	7	0:25
14:15	14:40	STAR 3	F	2	7	0:25
14:40	14:55	Flood				0:15
14:55	15:20	STAR 3	F	3	7	0:25
15:20	15:45	STAR 3	F	4	7	0:25
15:45	16:10	STAR 3	F	5	8	0:25
16:10	16:35	STAR 3	F	6	8	0:25
16:35	16:50	Flood				0:15
16:50	17:05	STAR 2/3 Pattern Dance	PD	1	3	0:15
17:05	17:40	STAR 2 Elements	E	1	16	0:35
17:40	18:10	STAR 3 Elements	E	1	12	0:30
18:10	18:30	STAR 4 Elements	E	1	8	0:20
18:30	18:45	STAR 3 Synchro	E	1	2	0:15
18:45	19:00	Flood	F			0:15
19:00	19:20	STAR 4 Boys	F	1	4	0:20
19:20	20:15	STAR 4 Girls U13	F	1	14	0:55
20:15	21:05	STAR 4 Girls 13 & O	F	1	12	0:50

Saturday February 4						
Start	End	Category	Prog	Group	No.	Duration
8:30	9:00	STAR 1 - SIDE A	E	1	5	0:30
		STAR 1 - SIDE B	E	2	5	
9:00	9:30	STAR 1 - SIDE A	E	3	5	0:30
		STAR 1 - SIDE B	E	4	5	
9:30	10:00	STAR 1 - SIDE A	E	5	5	0:30
		STAR 1 - SIDE B	E	6	6	
10:00	10:30	STAR 1 - SIDE A	E	7	6	0:30
		STAR 1 - SIDE B	E	8	6	
10:30	10:45	Flood				0:15
10:45	11:30	STAR 5 Artistic	A	1	11	0:45
11:30	11:50	STAR 7 Artistic / Gold Artistic	A	1,1	2,2	0:20
11:50	11:55	Individual Showcase 3	S	1	1	0:05
11:55	12:05	STAR 7 Men	S	1	2	0:10
12:05	13:25	STAR 7 Women	S	2	14	1:20
13:25	13:40	Flood				0:15
13:40	14:15	PreNovice Women	S	1	6	0:35
14:15	14:30	PreNovice Men	S	1	2	0:15
14:30	15:35	STAR 9 Women	S	1	12	1:05
15:35	15:50	STAR 5 Women U10	F	1	3	0:15
15:50	16:30	STAR 5 Women U13	F	1	10	0:40
16:30	16:45	Flood				0:15
16:45	17:40	STAR 5 Women 13 & O	F	1	12	0:55
17:40	18:35	STAR 6 Women	F	1	10	0:55
18:35	19:05	STAR 8 Women	F	1	5	0:30
19:05	19:15	Gold Women	F	1	2	0:10
19:15	19:30	Flood				0:15
19:30	20:00	STAR 5 Elements	E	1	11	0:30
20:00	20:10	STAR 6 Elements	E	1	2	0:10
20:10	20:25	STAR 7/8 Elements	E	1	4	0:15
20:25	20:35	STAR 9/10 Elements	E	1	3	0:10
20:35	20:45	Gold Elements	E	1	2	0:10

Sunday February 5						
Start	End	Category	Prog	Group	No.	Duration
9:00	9:55	Pre-Juvenile Women	F	1	10	0:55
9:55	10:40	Juvenile Women	F	1	7	0:45
10:40	10:55	Flood				0:15
10:55	11:35	Pre-Novice Women	F	1	6	0:40
11:35	11:50	Pre-Novice Men		1	2	0:15
11:50	12:05	Juvenile Men	F	1	5	0:15
12:05	12:40	Adult Artistic/Bronze, Silver, Gold Adult Freeskate	F	1,1,1,1	1,2,2,2	0:35