

**2024 - BC Coast Region Championships**

February 2 to 4, 2024 Poirier Sport and Leisure Complex, Coquitlam, BC  
 Tentative Schedule as of January 23, 2024 - Subject to Change

**FRIDAY - FEBRUARY 2, 2024**

Rink 2								Rink 3							
Start	End	Category	Prog	Group	No.	Duration		Start	End	Category	Prog	Group	No.	Duration	
8:00	9:10	STAR 5 Women U13	F	1	14	1:10		8:00	8:30	STAR 3	F	1	7	0:30	
9:10	10:20	STAR 5 Women U13	F	2	15	1:10		8:30	9:00	STAR 3	F	2	7	0:30	
10:20	10:35	FLOOD				0:15		9:00	9:30	STAR 3	F	3	7	0:30	
10:35	11:45	STAR 5 Women U13	F	3	15	1:10		9:30	10:00	STAR 3	F	4	7	0:30	
11:45	12:55	STAR 5 Women U13	F	4	15	1:10		10:00	10:15	FLOOD				0:15	
12:55	13:10	FLOOD				0:15		10:15	10:30	STAR 6 - Elements	E		6	0:15	
13:10	13:45	STAR 5 Men	F		7	0:35		10:30	10:50	STAR 7/8 - Elements	E	1	8	0:20	
13:45	14:40	STAR 6 Men	F		9	0:55		10:50	11:10	STAR 7/8 - Elements	E	2	8	0:20	
14:40	14:55	Special O Men - Level 6/Open	F		1/1	0:15		11:10	11:30	STAR 9/10 - Elements	E	1	8	0:20	
14:55	15:10	STAR 7 Men / STAR 9 Men	S		1/1	0:15		11:30	11:50	STAR 9/10 - Elements	E	2	8	0:20	
15:10	15:25	FLOOD				0:15		11:50	12:05	FLOOD				0:15	
15:25	16:35	STAR 7 Women	S	1	12	1:10		12:05	12:35	STAR 3	F	5	8	0:30	
16:35	-9	STAR 7 Women	S	2	13	1:15		12:35	13:05	STAR 3	F	6	8	0:30	
17:50	18:05	FLOOD				0:15		13:05	13:35	STAR 3	F	7	8	0:30	
18:05	19:40	STAR 9 Women	S	1	17	1:35		13:35	14:05	STAR 3	F	8	8	0:30	
19:40	19:55	FLOOD				0:15		14:05	14:35	STAR 3	F	9	8	0:30	
19:55	21:30	STAR 9 Women	S	2	17	1:35		14:35	14:50	FLOOD				0:15	
								14:50	15:35	STAR 4 Girls U10	F	1	10	0:45	
								15:35	16:20	STAR 4 Girls U10	F	2	10	0:45	
								16:20	17:05	STAR 4 Girls U10	F	3	11	0:45	
								17:05	17:20	FLOOD				0:15	
								17:20	17:45	STAR 3	F	10	8	0:25	
								17:45	18:10	STAR 3	F	11	8	0:25	
								18:10	18:35	STAR 3	F	12	8	0:25	
								18:35	19:00	STAR 3	F	13	8	0:25	
								19:00	19:15	FLOOD				0:15	
								19:15	19:40	STAR 3	F	14	8	0:25	
								19:40	20:05	STAR 3	F	15	8	0:25	
								20:05	20:30	STAR 3	F	16	8	0:25	
								20:30	20:55	STAR 3	F	17	8	0:25	
								20:55	21:20	STAR 3	F	18	8	0:25	

**SATURDAY - FEBRUARY 3, 2024**

Rink 2								Rink 3							
Start	End	Category	Prog	Group	No.	Duration		Start	End	Category	Prog	Group	No.	Duration	
8:00	9:20	STAR 6 Women	F	1	15	1:20		8:00	8:25	STAR 2	F	1	8	0:25	
9:20	10:40	STAR 6 Women	F	2	15	1:20		8:25	8:50	STAR 2	F	2	8	0:25	
10:40	10:55	FLOOD				0:15		8:50	9:15	STAR 2	F	3	8	0:25	
10:55	12:15	STAR 6 Women	F	3	15	1:20		9:15	9:40	STAR 2	F	4	8	0:25	
12:15	13:35	STAR 6 Women	F	4	15	1:20		9:40	10:05	STAR 2	F	5	8	0:25	
13:35	13:50	FLOOD				0:15		10:05	10:20	FLOOD				0:15	
13:50	15:10	STAR 6 Women	F	5	14	1:20		10:20	10:45	STAR 2	F	6	8	0:25	
15:10	16:30	STAR 6 Women	F	6	14	1:20		10:45	11:10	STAR 2	F	7	8	0:25	
16:30	16:45	FLOOD				0:15		11:10	11:35	STAR 2	F	8	8	0:25	
16:45	16:50	STAR 2/3 Solo Dance - Lead	PD		1	0:05		11:35	12:00	STAR 2	F	9	8	0:25	
16:50	17:00	STAR 2/3 Partnered Dance	PD		1	0:10		12:00	12:25	STAR 2	F	10	8	0:25	
17:00	17:30	STAR 4/5 Solo Dance - Follow	PD		6	0:30		12:25	12:40	FLOOD				0:15	
17:30	17:45	SO Solo Dance - Level 2 - F/L	PD		1/1	0:15		12:40	12:50	STAR 2 - Elements	E		3	0:10	
17:45	17:55	SO Solo Dance - Level 3 - Lead	PD		1	0:10		12:50	13:20	STAR 3 - Elements	E		11	0:30	
17:55	18:05	SO Solo Dance - Level 6 - Lead	PD		1	0:10		13:20	13:45	STAR 4 - Elements	E		10	0:25	
18:05	18:20	FLOOD				0:15		13:45	14:15	STAR 5 - Elements	E		11	0:30	
18:20	20:15	STAR 8 Women	F		19	1:55		14:15	14:40	STAR 2	F	11	8	0:25	
20:15	20:30	FLOOD				0:15		14:40	15:05	STAR 2	F	12	8	0:25	
20:30	21:45	STAR 10 Women	F		12	1:15		15:05	15:20	FLOOD				0:15	
								15:20	15:45	STAR 2	F	13	8	0:25	
								15:45	16:10	STAR 2	F	14	8	0:25	
								16:10	16:35	STAR 2	F	15	8	0:25	
								16:35	17:00	STAR 2	F	16	8	0:25	
								17:00	17:25	STAR 2	F	17	8	0:25	
								17:25	17:40	FLOOD				0:15	
								17:40	18:05	STAR 2	F	18	8	0:25	
								18:05	18:30	STAR 2	F	19	8	0:25	
								18:30	18:50	STAR 2	F	20	7	0:20	
								18:50	19:10	STAR 2	F	21	7	0:20	
								19:10	19:30	STAR 2	F	22	7	0:20	
								19:30	19:45	FLOOD				0:15	
								19:45	20:35	STAR 4 Girls 13&O	F	1	12	0:50	
								20:35	21:25	STAR 4 Girls 13&O	F	2	12	0:50	

**SUNDAY - FEBRUARY 4, 2024**

Rink 2								Rink 3							
Start	End	Category	Prog	Group	No.	Duration		Start	End	Category	Prog	Group	No.	Duration	
8:00	9:25	STAR 5 Women U10	F	1	17	1:25		8:00	8:45	STAR 4 Girls U13	F	1	10	0:45	
9:25	10:50	STAR 5 Women U10	F	2	17	1:25		8:45	9:30	STAR 4 Girls U13	F	2	10	0:45	
10:50	11:05	FLOOD				0:15		9:30	10:15	STAR 4 Girls U13	F	3	10	0:45	
11:05	12:20	STAR 5 Women 13&O	F		16	1:15		10:15	10:30	FLOOD				0:15	
12:20	13:05	Gold Women	F		7	0:45		10:30	11:20	STAR 4 Girls U13	F	4	11	0:50	
13:05	13:20	Synchro STAR 3	Syn		3	0:15		11:20	12:15	STAR 4 Boys	F		13	0:55	
13:20	13:40	Synchro STAR 4	Syn		4	0:20				Special O Women - L1	F		1		
13:40	13:55	FLOOD				0:15				Special O Women - L2	F		3		
13:55	14:40	Artistic STAR 5	A	1	10	0:45		12:15	12:50	Special O Men - L2	F		1	0:35	
14:40	15:25	Artistic STAR 5	A	2	11	0:45				Special O Women - L3	F		1		
15:25	15:55	Artistic STAR 7	A	1	8	0:30				Special O Men - L3	F		1		
15:55	16:25	Artistic STAR 7	A	2	9	0:30		12:50	13:05	Special O Women - L4	F		1	0:15	
16:25	16:40	Artistic STAR 9	A	4	4	0:15				Special O Women - L5	F		1		
16:40	17:00	Artistic Gold	A	4	4	0:20				Special O Men - L5	F		1		
								13:05	13:20	FLOOD				0:15	
								13:20	13:50	STAR 1 - Side A	E	1	6	0:30	
										STAR 1 - Side B	E	2	6		
								13:50	14:20	STAR 1 - Side A	E	3	6	0:30	
										STAR 1 - Side B	E	4	6		
								14:20	14:50	STAR 1 - Side A	E	5	6	0:30	
										STAR 1 - Side B	E	6	6		
								14:50	15:05	FLOOD				0:15	
								15:05	15:35	STAR 1 - Side A	E	7	6	0:30	
										STAR 1 - Side B	E	8	6		
								15:35	16:05	STAR 1 - Side A	E	9	6	0:30	
										STAR 1 - Side B	E	10	6		
								16:05	16:30	STAR 1 - Side A	E	11	5	0:25	
										STAR 1 - Side B	E	12	5		
								16:30	16:55	STAR 1 - Side A	E	13	5	0:25	