

## 2025 CNC REGION CHAMPIONSHIPS

JANUARY 17 - 19, 2025 - West Fraser Centre & Rink 2 - Quesnel, BC

Schedule as at January 5, 2025 - Subject to Change

FRIDAY - JANUARY 17, 2025															
Rink 1						Rink 2									
Start	End	Category	Prog	Group	No.	Duration	Start	End	Category	Prog	Group	No.	Duration		
9:00	9:30	STAR 3	F	1	8	0:30	9:30	9:45	OPEN ELEMENTS	E		5	0:15		
9:30	10:00	STAR 3	F	2	8	0:30	9:45	10:05	STAR 6 ELEMENTS	E		10	0:20		
10:00	10:30	STAR 3	F	3	8	0:30	10:05	10:20	STAR 5 ELEMENTS	E		8	0:15		
10:30	11:00	STAR 3	F	4	8	0:30	10:20	10:40	STAR 2 ELEMENTS	E	1	8	0:20		
11:00	11:15	FLOOD				0:15	10:40	11:00	STAR 2 ELEMENTS	E	2	8	0:20		
11:15	11:45	STAR 3	F	5	8	0:30	11:00	11:20	STAR 2 ELEMENTS	E	3	8	0:20		
11:45	12:15	STAR 3	F	6	8	0:30	11:20	11:40	STAR 2 ELEMENTS	E	4	8	0:20		
12:15	12:45	STAR 3	F	7	8	0:30	11:40	12:00	STAR 2 ELEMENTS	E	5	8	0:20		
12:45	14:10	STAR 7 WOMEN	S		15	1:25	12:00	12:20	STAR 2 ELEMENTS	E	6	8	0:20		
		STAR 7 MEN	S		1		12:20	12:40	STAR 2 ELEMENTS	E	7	9	0:20		
14:10	14:25	FLOOD				0:15	12:40	12:55	FLOOD				0:15		
14:25	14:55	STAR 9 WOMEN	S		6	0:30	12:55	13:15	STAR 3 ELEMENTS	E	1	8	0:20		
14:55	15:15	PRE-NOVICE WOMEN	S		1		13:15	13:35	STAR 3 ELEMENTS	E	2	8	0:20		
		PRE-NOVICE MEN	S		2	0:20	13:35	13:55	STAR 3 ELEMENTS	E	3	8	0:20		
15:15	15:40	ADULT SILVER FREESKATE	F		2		13:55	14:15	STAR 3 ELEMENTS	E	4	8	0:20		
		ADULT GOLD FREESKATE	F		1	0:25	14:15	14:35	STAR 3 ELEMENTS	E	5	9	0:20		
		ADULT MASTERS FREESKATE	F		1		14:35	14:55	STAR 4 ELEMENTS	E	1	9	0:20		
15:40	15:55	FLOOD				0:15	14:55	15:15	STAR 4 ELEMENTS	E	2	10	0:20		
15:55	16:10	STAR 2/3 SOLO DANCE FOLLOW			2	0:15	15:15	15:30	STAR 5 TEAM ELEMENTS	E		7	0:15		
16:10	16:20	STAR 2/3 PARTNER DANCE			1	0:10	15:30	15:40	OPEN TEAM ELEMENTS	E		2	0:10		
16:20	16:50	STAR 4/5 SOLO DANCE FOLLOW			4	0:30	<td>15:40</td> <td>15:55</td> <td>FLOOD</td> <td></td> <td></td> <td></td> <td>0:15</td>	15:40	15:55	FLOOD				0:15	
16:50	17:20	STAR 6/7 SOLO DANCE FOLLOW			4	0:30	15:55	16:10	INDIVIDUAL SHOWCASE 1		1	7	0:15		
17:20	17:40	STAR 8/9 SOLO DANCE FOLLOW			2	0:20	16:10	16:25	INDIVIDUAL SHOWCASE 1		2	7	0:15		
17:40	17:55	FLOOD				0:15	16:25	16:40	INDIVIDUAL SHOWCASE 1		3	7	0:15		
17:55	18:15	INDIVIDUAL SHOWCASE 1			7	8	0:20	16:40	16:55	INDIVIDUAL SHOWCASE 1		4	7	0:15	
18:15	18:35	INDIVIDUAL SHOWCASE 1			8	8	0:20	16:55	17:15	INDIVIDUAL SHOWCASE 1		5	8	0:20	
18:35	18:55	INDIVIDUAL SHOWCASE 1			9	8	0:20	17:15	17:35	INDIVIDUAL SHOWCASE 1		6	8	0:20	
18:55	19:15	INDIVIDUAL SHOWCASE 1			10	8	0:20	<td>17:35</td> <td>17:50</td> <td>FLOOD</td> <td></td> <td></td> <td></td> <td>0:15</td>	17:35	17:50	FLOOD				0:15
19:15	19:45	INDIVIDUAL SHOWCASE 3			9	0:30	17:50	18:15	INDIVIDUAL SHOWCASE 2		1	8	0:25		
							18:15	18:40	INDIVIDUAL SHOWCASE 2		2	8	0:25		
							18:40	19:05	INDIVIDUAL SHOWCASE 2		3	8	0:25		
							19:05	19:30	INDIVIDUAL SHOWCASE 2		4	8	0:25		

SATURDAY - JANUARY 18, 2025														
Rink 1						Rink 2								
Start	End	Category	Prog	Group	No.	Duration	Start	End	Category	Prog	Group	No.	Duration	
8:30	8:55	PRE-NOVICE WOMEN	F		1	0:25	8:30	8:55	STAR 2	F	1	6	0:25	
		PRE-NOVICE MEN			2		8:55	9:20	STAR 2	F	2	7	0:25	
8:55	9:20	STAR 10 WOMEN	F		2	0:25	9:20	9:45	STAR 2	F	3	7	0:25	
		GOLD WOMEN			1		9:45	10:10	STAR 2	F	4	7	0:25	
9:20	9:55	STAR 8 WOMEN	F		5	0:35	<td>10:10</td> <td>10:25</td> <td>FLOOD</td> <td></td> <td></td> <td></td> <td>0:15</td>	10:10	10:25	FLOOD				0:15
		STAR 8 MEN			1		10:25	10:50	STAR 2	F	5	7	0:25	
9:55	10:35	STAR 6 WOMEN	F		7	0:40	10:50	11:15	STAR 2	F	6	7	0:25	
10:35	10:50	FLOOD				0:15	11:15	11:40	STAR 2	F	7	7	0:25	
10:50	11:20	STAR 4 GIRLS U13	F	1	7	0:30	11:40	12:05	STAR 2	F	8	7	0:25	
11:20	11:50	STAR 4 GIRLS U13	F	2	7	0:30	<td>12:05</td> <td>12:20</td> <td>FLOOD</td> <td></td> <td></td> <td></td> <td>0:15</td>	12:05	12:20	FLOOD				0:15
11:50	12:15	STAR 4 GIRLS O13	F	1	6	0:25	12:20	12:45	STAR 2	F	9	7	0:25	
12:15	12:40	STAR 4 GIRLS O13	F	2	6	0:25	12:45	13:10	STAR 2	F	10	7	0:25	
12:40	13:05	STAR 4 GIRLS O13	F	3	6	0:25	13:10	13:35	STAR 2	F	11	7	0:25	
13:05	13:20	FLOOD				0:15	13:35	14:00	STAR 2	F	12	7	0:25	
13:20	13:45	STAR 4 GIRLS O13	F	4	7	0:25	<td>14:00</td> <td>14:15</td> <td>FLOOD</td> <td></td> <td></td> <td></td> <td>0:15</td>	14:00	14:15	FLOOD				0:15
13:45	13:55	STAR 4 BOYS	F		2	0:10	14:15	14:40	STAR 1	E	1	5	0:25	
13:55	14:35	STAR 9 ARTISTIC	A		9	0:40	14:40	15:00	STAR 1	E	2	5	0:20	
14:35	15:00	GOLD ARTISTIC	A		6	0:25	15:00	15:20	STAR 1	E	3	5	0:20	
15:00	15:45	STAR 7 ARTISTIC	A	1	11	0:45	15:20	15:40	STAR 1	E	4	5	0:20	
15:45	16:00	FLOOD				0:15	15:40	16:00	STAR 1	E	5	6	0:20	
16:00	16:45	STAR 7 ARTISTIC	A	2	11	0:45	16:00	16:20	STAR 1	E	6	6	0:20	
16:45	17:30	STAR 5 ARTISTIC	A	1	10	0:45	16:20	16:40	STAR 1	E	7	6	0:20	
17:30	18:15	STAR 5 ARTISTIC	A	2	11	0:45	16:40	17:00	STAR 1	E	8	6	0:20	
18:15	18:30	FLOOD				0:15	17:00	17:20	STAR 1	E	9	6	0:20	
18:30	19:15	STAR 5 ARTISTIC	A	3	11	0:45	17:20	17:40	STAR 1	E	10	6	0:20	
19:15	20:00	STAR 5 ARTISTIC	A	4	11	0:45	17:40	18:00	STAR 1	E	11	6	0:20	
20:00	20:20	ADULT GOLD ARTISTIC	A		2	0:20	<td>18:00</td> <td>18:15</td> <td>FLOOD</td> <td></td> <td></td> <td></td> <td>0:15</td>	18:00	18:15	FLOOD				0:15
		ADULT ELITE ARTISTIC	A		2		18:15	18:50	GROUP SHOWCASE 2		1	9	0:35	
							18:50	19:25	GROUP SHOWCASE 1		1	11	0:35	
							19:25	19:55	GROUP SHOWCASE 3		1	7	0:30	
							19:55	20:05	GROUP SHOWCASE 4		1	2	0:10	

SUNDAY - JANUARY 19, 2025													
Rink 1						Rink 2							
Start	End	Category	Prog	Group	No.	Duration	Start	End	Category	Prog	Group	No.	Duration
8:00	8:25	PRE-JUVENILE WOMEN U13	F		4	0:25	8:30	8:40	STAR 4 TEAM ELEMENTS	E		2	0:10
8:25	8:45	JUVENILE WOMEN U14	F		3	0:20	8:40	8:55	STAR 3 TEAM ELEMENTS	E		7	0:15
8:45	9:20	STAR 5 WOMEN U13	F		7	0:35	8:55	9:20	STAR 2 TEAM ELEMENTS	E		11	0:25
9:20	10:20	STAR 5 WOMEN O13	F	1	12	1:00	9:20	9:30	SYNCHRO STAR 4			2	0:10
10:20	11:20	STAR 5 WOMEN O13	F	2	13	1:00							