

# CNCR REGIONAL CHAMPIONSHIPS ANNOUNCEMENT

January 19 – 21<sup>st</sup>, 2018



**HOST: Northern BC Centre for Skating**

[Online registration](#) must be completed by 11:45 pm, FRIDAY, DECEMBER 8TH, 2017. Instructions for entering can be found on Page 7 of this Announcement.

**DATE:** January 19 – 21<sup>st</sup>, 2018

**HOST:** Northern BC Centre for Skating

**VENUE:** Kin Centre Arenas  
2187 Ospika Boulevard South  
Prince George, BC  
V2N 6Z1

**ICE SURFACE** Rink #1 Size – 100' x 200'  
Rink #2 Size – 85' x 200'

**REGISTRAR:** Melissa Norum  
[registrar@skateprincegeorge.com](mailto:registrar@skateprincegeorge.com)

**COMPETITION CHAIRPERSON**  
Erin Norm  
[competitions.nbccs@gmail.com](mailto:competitions.nbccs@gmail.com)

**Karelo Registration Questions:** Cheryl Walters  
Email: [kcwalters@shaw.ca](mailto:kcwalters@shaw.ca)

**TECHNICAL INQUIRIES:** Marilyn Kreuzinger  
Email: [kreuzfam@gmail.com](mailto:kreuzfam@gmail.com)

**HOST HOTEL INFORMATION**  
Sandman Signature Prince George  
Sandman Hotel Suites

**EVENTS TO BE HELD & ENTRY INFORMATION**

|                                      |                      |         |                     |
|--------------------------------------|----------------------|---------|---------------------|
| STAR 1                               | Girls                | Boys    | \$54.00             |
| STAR 2                               | Girls                | Boys    | \$69.00             |
| STAR 3                               | Girls                | Boys    | \$69.00             |
| STAR 4                               | Girls U10            | Boys    | \$79.00             |
| STAR 4                               | Girls U13            |         | \$79.00             |
| STAR 4                               | Girls 13 & O         |         | \$79.00             |
| STAR 5                               | Girls U10            | Boys    | \$79.00             |
| STAR 5                               | Girls U13            |         | \$79.00             |
| STAR 5                               | Girls 13 & O         |         | \$79.00             |
| STAR 6                               | Women                | Men     | \$79.00             |
| STAR 7                               | Women                | Men     | \$79.00             |
| STAR 8                               | Women                | Men     | \$79.00             |
| STAR 9                               | Women                | Men     | \$79.00             |
| STAR 10                              | Women                | Men     | \$79.00             |
| GOLD                                 | Women                | Men     | \$79.00             |
| *Pre-Juvenile                        | Women U11            | Men     | \$79.00             |
| *Pre-Juvenile                        | Women U13            |         | \$79.00             |
| Juvenile                             | Women U12            | Men     | \$79.00             |
| Juvenile                             | Women U14            |         | \$79.00             |
| **Pre-Novice                         | Women U16            | Men U16 | \$114.00            |
| Novice                               | Women U17            | Men U17 | \$114.00            |
| Pre-Introductory Interpretive        | Combined Women & Men |         | \$74.00             |
| Introductory Interpretive            | Combined Women & Men |         | \$74.00             |
| Bronze Interpretive                  | Combined Women & Men |         | \$79.00             |
| Silver Interpretive                  | Combined Women & Men |         | \$79.00             |
| Gold Interpretive                    | Combined Women & Men |         | \$79.00             |
| ***Couples Introductory Interpretive |                      |         | \$44.00 /per skater |
| ***Couples Bronze Interpretive       |                      |         | \$44.00 /per skater |
| ***Couples Silver Interpretive       |                      |         | \$44.00 /per skater |
| ***Couples Gold Interpretive         |                      |         | \$44.00 /per skater |
| Creative Improv 1                    | Combined Women & Men |         | \$39.00             |
| Creative Improv 2                    | Combined Women & Men |         | \$39.00             |
| Creative Improv 3                    | Combined Women & Men |         | \$39.00             |
| Creative Improv 4                    | Combined Women & men |         | \$39.00             |
| STAR 2 Elements                      | Combined Women & Men |         | \$39.00             |
| STAR 3 Elements                      | Combined Women & Men |         | \$39.00             |
| STAR 4 Elements                      | Combined Women & Men |         | \$39.00             |
| STAR 5 Elements                      | Combined Women & Men |         | \$39.00             |
| STAR 6 Elements                      | Combined Women & Men |         | \$39.00             |
| STAR 7/8 Elements                    | Combined Women & Men |         | \$39.00             |
| STAR 9/10 Elements                   | Combined Women & Men |         | \$39.00             |
| GOLD Elements                        | Combined Women & Men |         | \$39.00             |
| Open Elements                        | Combined Women & Men |         | \$39.00             |
| STAR 2/3 Solo Pattern Dance          | Combined Women & Men |         | \$49.00             |
| STAR 4/5 Solo Pattern Dance          | Combined Women & Men |         | \$49.00             |
| STAR 6/7 Solo Pattern Dance          | Combined Women & Men |         | \$49.00             |
| STAR 8/9 Solo Pattern Dance          | Combined Women & Men |         | \$49.00             |
| STAR 10/Gold Solo Pattern Dance      | Combined Women & Men |         | \$49.00             |
| Quad Threat STAR 1                   | Combined Women & Men |         | \$49.00             |

|                             |                      |         |
|-----------------------------|----------------------|---------|
| Quad Threat STAR 2          | Combined Women & Men | \$49.00 |
| Quad Threat STAR 3          | Combined Women & Men | \$49.00 |
| Quad Threat STAR 4          | Combined Women & Men | \$49.00 |
| ****Team Elements STAR 2    |                      | \$12.00 |
| ****Team Elements STAR 3    |                      | \$12.00 |
| ****Team Elements STAR 4    |                      | \$12.00 |
| ****Team Elements STAR 5    |                      | \$12.00 |
| ****Team Elements STAR 7/8  |                      | \$12.00 |
| ****Team Elements STAR 9/10 |                      | \$12.00 |
| ****Team Elements Gold      |                      | \$12.00 |
| ****Team Elements Open      |                      | \$12.00 |
| Special O Level 1           |                      | \$64.00 |
| Special O Level 2           |                      | \$64.00 |
| Special O Level 3           |                      | \$64.00 |
| Special O Level 4           |                      | \$64.00 |
| Special O Level 5           |                      | \$64.00 |
| Special O Level 6           |                      | \$64.00 |

\*Pre-Juvenile Singles events in BC/YK competitions allow program time option of 2:00 or 2:30 minutes +/- 10 seconds.

\*\* Pre-Novice Men Short Program solo spin will be camel change camel

\*\*\*Couples Interpretive Categories– a couple may consist of 2 women, 1 woman and 1 man or 2 men. Note rules relating to STARSkate illegal elements and/or movements apply to this category.

\*\*\*\*If time is a factor – Team Elements will be the first Event to be cancelled.

## **QUAD THREAT EVENTS**

### **SKATERS MAY ENTER EITHER THE QUAD THREAT EVENT OR THE ELEMENTS EVENT**

Quad Threat Events – Elements will be performed to a selected piece of music that will be electronically sent to all invited Clubs. Elements are performed in a solo type format. Elements may be performed in any order. STAR 1 and STAR 2 Events are to be choreographed on ½ ice. Technical marks will be given for the 3 required Elements and the Program Component “Presentation” will be awarded for the “Theatrical Aspect” of the Program.

**Note – the Choreography Sequence elements may be skated in any order. However, they must be skated consecutively – footwork, crosscuts and steps may be used between the elements.**

**All Quad Threat events will be assessed.**

#### **STAR 1 Quad Threat**

**Skating time: 45 secs**

Jump: Toe loop

Spin: 1 foot spin

Choreographed Sequence: Bunnyhop/FWD Pivot

#### **STAR 2 Quad Threat**

**Skating time: 45 secs**

Jump: Salchow

Spin: Back spin

Choreographed Sequence: FWD spiral/inside or outside spread eagle

#### **STAR 3 Quad Threat**

**Skating time: 50 Secs**

Jump: Loop/loop combination

Spin: Sit spin or camel spin

Choreographed Sequence: Assisted FWD spiral/unassisted BWD spiral

### **STAR 4 Quad Threat**

#### **Skating time: 50 Secs**

Jump: Flip/loop combination

Spin: Change combination spin (2 positions)

Choreographed Sequence: Split jump/BWD pivot

Entry fees shall be refunded only if the competition is not held or if the entry is withdrawn before the closing date of entry. No refunds will be given after the closing date of entries of the competition (**December 8<sup>th</sup>, 2017**) for any reason whatsoever. Competition Surcharge is now included in the fees. All payments must be made online at the time of registration.

**LATE ENTRIES WILL BE ACCEPTED AT THE DISCRETION OF THE LOC AND WILL BE CHARGED DOUBLE THE ENTRY FEE.**

[Online Registration](#) must be completed by 11:45 p.m. Friday, December 8th, 2017. Instructions for entering online can be found on page 7 of this announcement.

For all categories age shall be the age of the skater before July 1, 2017 and tests passed shall be as of December 8th, 2017(closing date of entries). Age categories may be combined if there are insufficient entries in an individual category.

For event requirements and specifications, please refer to the 2017-2018 Skate Canada Competition Program Requirements for STAR and Competitive, posted on the Technical page of the [Skating in BC website](#). The Solo Dance Draw and the Elements event requirements are included in the STAR Competition Program Requirements.

**PLANNED PROGRAM SHEETS** for ALL Free Skate events except STAR 1, 2, 3 and 4 are to be entered through Karelo when entering the Freeskate Event. **You will not be able to complete your Registration without entering the Planned Program Sheet.**

A tentative schedule of events and groups will be posted on the [Competition page](#) of the BC/YK Section and on the [CNCR](#) website. Any last-minute changes to schedules will be posted on the websites and also at the arena. **Please note that events may start up to one hour earlier than scheduled.**

Starting orders will be posted a minimum of 24 hours prior to the start of the competition.

### **GENERAL INFORMATION**

1. Skaters may enter only one event per discipline of singles, pairs, dance and interpretive. If short and free programs are listed as separate events, then one short and one free program category may be entered. Pre-Juvenile and Juvenile skaters may enter a STAR short program category in addition to the competitive free program. Depending on scheduling, skaters should be prepared to skate two programs on the same day. Skaters choosing to enter more than one event including supplementary STAR events do so with the understanding that there may be scheduling conflicts that are unable to be resolved.
2. Should entries in an event be exceedingly large, the event will be divided into smaller group according to age. Each group will be considered a final.
3. If there is only one entry in any event, the competitor may skate for an evaluation\*, skate up one level, or withdraw and the entry fee will be refunded. \*Skating for an evaluation is only applicable to competitive categories and STAR/STARSkate Freeskate categories. If a technical panel is not

available, the evaluation will be for Program Components only.

4. MARKING: Please see the STAR Competition Program Requirements on the [STAR/STARSkate Technical page](#) of the Section website for the marking criteria for each of the STAR and Supplementary Event categories. Note that the lower levels are all assessed with ribbons awarded. Competitive categories are all marked in CPC.

5. REGISTRATION: Skaters must register at least one hour before their event is scheduled to start.

6. WARM UP TIMES:

|                              |   |
|------------------------------|---|
| STAR 2                       | 3 minutes   |
| STAR 3 -5                    | 4 minutes   |
| STAR 6 -10, Pre-Juvenile     | 5 minutes   |
| Juvenile, Pre-Novice, Novice | 6 minutes   |
| Interpretive                 | 3 minutes   |
| Elements & Team Elements     | 3 minutes   |
| Solo Dance                   | 1 minute without music + 1 play through of Skate Canada music |
| Quad Threat                  | 3 minutes   |
| Special O                    | 6 minutes   |

The warm up periods may be reduced to a minimum of 3 minutes at the discretion of the referee. All warm-up periods for one event must be equal.

7. COACHES: It is mandatory for all participating coaches to register at competitions and show their accreditation at all times during the competition in order to be at ice level during the events. Temporary accreditation will be issued for \$25.00 by showing current Skate Canada membership and First Aid information.
8. ADMISSION will be free to all
9. AWARDS will be presented every hour on the hour.
10. PHOTOGRAPHY: There may be a photographer at this competition for official and action shots. Persons wishing to take photographs of on ice performances are reminded that use of flash cameras is forbidden. The use of video cameras must be restricted to areas that do not hamper the skaters or officials. **PLEASE NOTE:** you may only take pictures or videos of your own skater.
11. Tests at Competitions: Intermediate & high tests can be tested during the competition and as per the CNCR Test at Competitions Policy this also includes all Interpretive tests. Skaters must be registered to compete in the same event they are testing in. The exception is skaters competing in a competitive category (Juvenile or higher) who may also apply for Junior Silver, Senior Silver or Gold Free Skate. In this case, the skater must pay for both Part 1 and Part 2. If the test is passed, they will be credited with the complete test. The cut-off date for the test requests is the cut-off date for the competition.
12. Protest Policy: Skate Canada Protest Policy for competitions using CPC will be followed. In addition, if there is an event using manual calculation where the results are not posted within one hour of the completion of the last event of the day, the protest must be made to the Event Referee within the first hour of the following day's competition. If the Event Referee is unavailable, the protest may be made to the Technical Representative or Chief Referee.

#### MUSIC REQUIREMENTS

- ALL SKATERS with the exception of STAR 1 must submit music online as part of the Online Music Registration.

- Quad Threat music will be supplied by the host club.
- Music will now only be accepted electronically via MP3 format. Do not begin the registration process until you have your music file ready to load.
- All mp3 files to be uploaded must include in the file name the **skater's first name, last name and the event the music is for**. e.g. Cheryl Walters – PreNovice Women U16.mp3. Questions can be directed to Cheryl Walters - [kcwalters@shaw.ca](mailto:kcwalters@shaw.ca)
- Music files are not kept for the next competition. Skaters must submit their music for each individual competition.
- Competitors must hand in their back up file – either USB flash drive or CD - at the registration desk at least one hour prior to the start of their event. The Organizing Committee will accept no responsibility against damage but will take every precaution to safeguard each USB/CD.
- A backup USB flash drive or CD must be submitted at registration.
- Alternate electronic items such as iPhones, tablets, mp3 players etc. will not be accepted for playing music.
- The preferred backup format is a USB flash drive. If submitting a backup CD, the following requirements must be met: Only one program shall be recorded on each CD. The start of the music shall be recorded on the CD with less than two seconds of lead in. Competitor's name followed by music time (not skating time) shall be clearly printed on one side of the CD. Each CD shall be enclosed in its plastic container, also marked with the skater's name, home club, event, and total music time.

### ONLINE REGISTRATION INSTRUCTIONS

**CNC Region has an online registration system with the company Karelo.com.** All registrations must be completed using this online system. [Click here](#) to register.

**The registration system will generate an automatic email to the skater's coach. Coaches are encouraged to check the confirmation email to ensure their skater(s) is registered in the correct event.**

**IMPORTANT: If you and your coach DO NOT receive an email confirmation from Karelo.com or receive a confirmation number, then you are NOT REGISTERED for the competition. Please contact Cheryl Walters [kcwalters@shaw.ca](mailto:kcwalters@shaw.ca) and/or the Registrar Melissa Norum [registrar@skateprincegeorge.com](mailto:registrar@skateprincegeorge.com) if this occurs.**

**Using Karelo for the first time:** The first time you use Karelo.com to register for an event, you will be asked to choose a [log in name & a password](#), and to enter your contact information. **When entering contact information, please use the SKATER's name and NOT the parent's name.** Skate Canada Number must be entered as per your Skate Canada Card (i.e. 10 digits including all zeros). This is a very short and simple step that will enable you to avoid the hassle of re-entering your information for each event registration! Your contact information is never shared with third parties. Please review Karelo's [Privacy Policy](#) for more details.

#### **Entering your registration:**

If you have never used Karelo.com before, go to '[I am new to Karelo.com](#)' and select a login name and a password; enter your contact information. Then follow these steps:

1. Log in. Select the event that you want to register for from the Event list.
2. Enter your registration information, including the Planned Program Sheet information (if applicable). You will not be able to complete your registration without this.
3. Enter your credit card information (Visa or MasterCard). This is a secure transaction. Your credit card is charged immediately.
4. You are registered! Check your email for the confirmation email with your registration details.