

**2018 BC/YK DEVELOPMENT CAMP
INDIVIDUAL GROUP SCHEDULES**

| <u>RINK #1</u> | | |
|-----------------------|----------------------|-----------------------------|
| | <u>Red</u> | |
| Friday | 8:00 - 8:45am | Skills & Transitions - on |
| | 9:00 - 9:45am | Jazz - off |
| | 10:30 - 11:15am | Jumps - on |
| | 11:30am | Lunch |
| | 12:45 - 2:00pm | Assessment-off |
| | 2:30 - 3:10pm | Spins - on |
| Saturday | 8:00 - 8:45am | Performance & Execution- on |
| | 9:00 - 9:45am | Off Ice Jumps - off |
| | 11:15am | Lunch |
| | 12:15 - 1:00pm | Jumps - on |
| | 1:15 - 1:45pm | Jazz - off |
| Sunday | 7:45 - 8:30am | Stretch - off |
| | 9:30 - 10:00am | Off Ice Jumps-off |
| | 10:45-11:30am | Elements - on |
| | 12:45-1:15pm | Technical - on |
| | <u>Orange</u> | |
| Friday | 8:45 - 9:30am | Skills & Transitions - on |
| | 9:45 - 10:30am | Jazz - off |
| | 11:15 - 12:00pm | Jumps - on |
| | 12:15 - 1:00pm | Off Ice Jumps-off |
| | 1:15pm | Lunch |
| | 3:25 - 4:05pm | Spins - on |
| Saturday | 8:45 - 9:30am | Performance & Execution- on |
| | 10:00-11:15am | Assessment-off |
| | 11:30am | Lunch |
| | 1:00 -1:45pm | Jumps - on |
| | 2:45 - 3:15pm | Jazz - off |
| Sunday | 10:00-10:45am | Elements - on |
| | 11:30 - 12:00pm | Off Ice Jumps-off |
| | 12:15-1:00pm | Stretch-off |
| | 1:15-1:45pm | Technical - on |
| | <u>Yellow</u> | |
| Friday | 9:30 - 10:15am | Skills & Transitions - on |
| | 10:30 - 11:15am | Jazz-off |
| | 12:00 - 12:45pm | Jumps - on |
| | 1:45pm | Lunch |
| | 4:05 - 4:45pm | Spins - on |
| | 5:00 - 6:00pm | Assessment-off |
| Saturday | 9:45 - 10:30am | Performance & Execution- on |
| | 10:45 - 11:30am | Off Ice Jumps - off |
| | 12:00pm | Lunch |
| | 1:45 - 2:30pm | Jumps - on |
| | 4:15 - 4:45pm | Jazz - off |
| Sunday | 8:15-8:45am | Off Ice Jumps-off |
| | 9:00-9:45am | Elements - on |
| | 11:00 -11:45am | Stretch- off |
| | 1:45-2:15pm | Technical- on |

| <u>RINK #1</u> | | |
|-----------------------|---------------------|-----------------------------|
| | <u>Green</u> | |
| Friday | 1:00 - 1:45pm | Skills & Transitions - on |
| | 2:00 -2:45pm | Jazz - off |
| | 3:00pm | Lunch |
| | 3:30 - 4:15pm | Off Ice Jumps-off |
| | 4:45 - 5:30pm | Jumps -on |
| | 6:30 - 7:15pm | Spins - on |
| Saturday | 10:30 - 11:15am | Performance & Execution- on |
| | 11:30 - 12:45pm | Assessment-off |
| | 1:00pm | Lunch |
| | 2:45 - 3:30pm | Jumps -on |
| | 3:45 - 4:15pm | Jazz - off |
| Sunday | 8:15- 9:00am | Elements - on |
| | 10:00 - 10:30am | Off Ice Jumps-off |
| | 11:30 - 12:00pm | Technical - on |
| | 12:15-1:00pm | Stretch - off |
| | <u>Blue</u> | |
| Friday | 1:45 - 2:30pm | Skills & Transitions - on |
| | 2:45 - 3:30pm | Jazz - off |
| | 3:45pm | Lunch |
| | 4:15 - 5:00pm | Off Ice Jumps-off |
| | 5:45 - 6:30pm | Jumps - on |
| | 7:15 - 8:00pm | Spins - on |
| Saturday | 11:15 - 12:00pm | Performance & Execution- on |
| | 12:00pm | Lunch |
| | 1:00 - 2:15pm | Assessment- off |
| | 2:15 - 2:45pm | Jazz - off |
| | 4:30-5:15pm | Jumps - on |
| Sunday | 7:30 - 8:15am | Elements - on |
| | 8:45 - 9:30am | Stretch- off |
| | 10:30 - 11:00am | Off Ice Jumps-off |
| | 12:15-12:45pm | Technical - on |

Rink 2

**2018 BC/YK DEVELOPMENT CAMP
INDIVIDUAL GROUP SCHEDULES**

RINK #2

| | | |
|----------------------|-----------------|-----------------------------|
| <u>Purple</u> | | |
| Friday | 8:00 - 8:45am | Skills & Transitions - on |
| | 9:00 - 10:15am | Assessment-off |
| | 10:30 - 11:15am | Jumps - on |
| | 11:30 - 12:00pm | Stretch-off |
| | 12:15pm | Lunch |
| | 2:45 - 3:20pm | Spins- on |
| | 3:30 - 4:00pm | Jazz - off |
| Saturday | | |
| | 8:00 - 8:45am | Performance & Execution- on |
| | 9:00- 9:45am | Jazz - off |
| | 11:00am | Lunch |
| | 12:00 -12:45pm | Jumps - on |
| | 1:00 - 1:45pm | Off Ice Jumps - off |
| Sunday | | |
| | 8:45-9:30am | Stretch - off |
| | 10:45-11:30am | Elements - on |
| | 1:00-1:30pm | Technical-on |
| <u>Pink</u> | | |
| Friday | 8:45 - 9:30am | Skills & Transitions - on |
| | 9:45 - 10:30am | Off Ice Jumps - off |
| | 11:15 - 12:00pm | Jumps - on |
| | 12:15 - 12:45pm | Stretch - off |
| | 1:30pm | Lunch |
| | 3:20 - 3:55pm | Spins - on |
| | 4:15 - 4:45pm | Jazz - off |
| Saturday | | |
| | 8:45 - 9:30am | Performance & Execution- on |
| | 9:45 - 10:30am | Jazz - off |
| | 11:45am | Lunch |
| | 1:00 - 1:45pm | Jumps - on |
| | 2:30-3:45pm | Assessment - off |
| Sunday | | |
| | 10:00 - 10:45am | Elements - on |
| | 11:30 - 12:10pm | Stretch - off |
| | 1:30-2:00pm | Technical-on |
| <u>Black</u> | | |
| Friday | 9:45 - 10:30am | Skills & Transitions - on |
| | 10:45 - 12:00pm | Assessment-off |
| | 12:15 - 1:00pm | Jumps - on |
| | 2:00pm | Lunch |
| | 3:15 - 3:45pm | Stretch - off |
| | 3:55 - 4:30pm | Spins - on |
| | 5:00 - 5:30pm | Jazz - off |

RINK #2

| | | |
|------------------------------|----------------------|-----------------------------|
| <u>Black (cont'd)</u> | | |
| Saturday | 9:30 - 10:15am | Performance & Execution- on |
| | 10:30- 11:15am | Jazz - off |
| | 12:30pm | Lunch |
| | 1:45 - 2:30pm | Jumps - on |
| | 3:45 - 4:30pm | Off Ice Jumps-off |
| Sunday | | |
| | 9:15 - 10:00am | Elements - on |
| | 10:45 - 11:30am | Stretch - off |
| | 2:00 - 2:30pm | Technical-on |
| <u>Silver</u> | | |
| Friday | 1:00 - 1:45pm | Jumps - on |
| | 2:00 -2:45pm | Off Ice Jumps - off |
| | 2:45pm | Lunch |
| | 3:45 - 4:15pm | Stretch - off |
| | 4:45 - 5:25pm | Skills & Transitions - on |
| | 6:25 - 7:05pm | Spins - on |
| | 7:30 - 8:00pm | Jazz - off |
| Saturday | | |
| | 10:30 - 11:15am | Performance & Execution- on |
| | 11:30 - 12:15pm | Jazz - off |
| | 12:45pm | Lunch |
| | 2:30 - 3:15pm | Jumps - on |
| | 3:30 - 4:15pm | Freestyle-on |
| | | Rink 1 |
| Sunday | | |
| | 7:30-8:00am | Stretch- off |
| | 8:15-9:00am | Elements - on |
| | 10:00-11:30am | Assessment-off |
| | 11:45-12:15pm | Technical-on |
| <u>Gold</u> | | |
| Friday | 1:00pm | Lunch |
| | 1:45 - 2:30pm | Jumps - on |
| | 2:45 - 4:15pm | Assessment - off |
| | 4:30 - 5:00pm | Stretch-off |
| | 5:25 - 6:10pm | Skills & Transitions - on |
| | 6:20 - 6:50pm | Jazz - off |
| | 7:05 - 7:45pm | Spins - on |
| Saturday | | |
| | 11:15 - 12:00pm | Performance & Execution- on |
| | 12:15 - 1:00pm | Jazz - off |
| | 1:15pm | Lunch |
| | 2:30 - 3:15pm | Off Ice Jumps- off |
| | 3:30 - 4:15pm | Jumps - on |
| | 4:30 - 5:15pm | Freestyle-On |
| | | Rink 1 |
| Sunday | | |
| | 7:30 - 8:15am | Elements - on |
| | 9:00 - 9:45am | Stretch-Off |
| | 12:15 - 12:45pm | Technical - on |