

Thin Ice

EDWARDS AND PANG WIN 2 BRONZE MEDALS AT ISU JUNIOR GRAND PRIX EVENTS

Ice dancers Madeline Edwards and Zhao Kai Pang have had an incredible start to what will surely prove to be a ground breaking season. On August 22nd they headed to Courchevel, France where they claimed their first bronze medal of the season. “We skated very well,” said Edwards, 16, a year younger than her partner. “We were really happy with the execution of both our programs. It gives us a lot of confidence that we can potentially compete at the Grand Prix final and world juniors.”

Their success did not end there. They also recently won the



bronze medal in Istanbul, Turkey September 19-23, 2012. In the warm-up, they stumbled on a manoeuvre and crashed into the boards.”

Cont. on page 14...

Zhao Kai, Madeline with coach Aaron Lowe

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World Class Figure Skating

Sanctioned by Skate Canada



Nicole Orford & Thomas Williams
2012 Jr Grand Prix Champions
2012 Junior World Team
2011 Junior National Champions

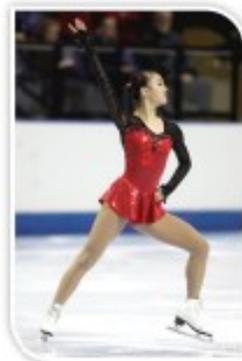


Kevin Reynolds
2012 Sr. National Silver Medalist
2009 - 2012 Sr. World Team
2010 Four Continents Bronze Medalist

*Year Round
Skating*



Jeremy Ten
2009 & 2012 Sr. National
Bronze Medalist
2012 Four Continents
Team
2009 Sr. World Team



Kitty Gian
2012 Senior BC/YT Silver Medalist
2011 Junior National Silver Medalist
2009 Novice National Silver Medalist



Canlan Ice Sports, Burnaby 8 Rinks
centreofexcellence@icesports.com
604-291-0626 Ext. 258

School Director: Joanne McLeod



MESSAGE FROM THE CHARMAN

Welcome back to another year of skating!! I hope that everyone had an enjoyable summer and got to experience life in the great outdoors. Now we head back to the cold ice arena! Such a shock to our systems!!

As the skating year begins, I want to thank all of the Club Board of Directors for volunteering to guide your Clubs in a positive direction that will benefit your skaters. If you have any questions or concerns during the year, I hope that you reach out to your Region Chairman for assistance. I encourage you to attend your Region meetings and workshops. With all of the changes in our competition structure and the new CanSkate, it is important to get as much information as you can.

Thank you to the Clubs that are hosting Region Competitions this year, as well as the Super Series Events. It is a lot of hard work to put together a good competition, and the skaters and coaches appreciate that work. Good luck to all of our competitors, I wish you all a great season of skating. Remember to check out the live streamed Super Series competitions!

Another huge thank you to the Officials in our Section – these volunteers give a lot of time to our sport and we couldn't exist without them. Please thank them when you see them in the arenas this season.

Have a great year everyone, I will see you at various competitions throughout our Section. Don't forget our Section Office staff is there for you, and if they can't answer your questions, they will direct you to the person that can.

Yours in Skating,

Lorraine Mapoles

Chairman BC/YT Section Skate Canada



CLUB NEWS

ARCTIC EDGE SC



Although the summer months were quiet on the ice in Whitehorse itself, Arctic Edge Skating Club skaters have had a busy and successful summer of skating.

Several Arctic Edge skaters spent time training in Alberta, British Columbia and Saskatchewan. Without the demands of other activities and with exposure to different coaching styles and facilities, they were able to focus on skating and make significant progress.

Three Arctic Edge skaters competed successfully at the BC/YT Summerskate competition held in Burnaby in August. Rachel Pettitt finished with a first place ranking in the Pre-Novice Women Event, Bryn Hoffman had a ninth place finish in the Novice Women and Mikayla Kramer earned a sixth place rank in Star 4 U-10.

As August drew to a close, skaters were again able to take to the ice at home and begin the fall season of skating. For the first time this year, Arctic Edge Skating Club offered a Skating Boot Camp to kick off the fall season. Guest coach Sarah Arnold and club coach Michelle Gorczyca offered a four-day intensive program both on and off ice to prepare skaters for the upcoming season. Skaters worked on edges, stroking, strength, endurance, and flexibility.

The boot camp was followed by a three day seminar with guest coaches Zdenek Pazdirek and Sarah Arnold and club coach Michelle Gorczyca. Again, skaters worked on and off ice, developing and improving their edges, turns, spins, jumps, flexibility, and strength. All skaters and coaches agreed that it was a fun and very successful seminar. Skaters are going into the regular season strong, prepared, and excited.



CLUB NEWS

A big change for Arctic Edge will be the departure of club coach Michelle Gorczyca. Michelle is pursuing further education in British Columbia. We miss her, but wish her all the best in her studies and look forward to seeing her during visits.

Arctic Edge looks forward to the upcoming 2012/2013 season. It will be a busy season of guest coaches, testing, competitions, and lots of fun!



Arctic Edge boot camp and seminar.

BURNABY SC

The Burnaby Figure Skating Club finished off our 2011-2012 season with a fantastic summer, in which we offered our very first BFSC Summer Skating Camp. The camp had remarkable enrollment for it being our inaugural summer season, and came complete with off-ice classes and theme days, Neon Day & Hippy Day to name a few! The camp was capped off with a successful test day at which our young skaters, Breanna Le and Erin Chen achieved Preliminary and Jr. Bronze dances and Charity Yuen completed her Jr. Bronze free skate test. We also had a great showing at the Super Series Summerskate by Breanna and Erin.



Burnaby SC New CanSkate

Cont...

CLUB NEWS

Cont...

We kicked off our 2012-2013 season hosting our First Annual Open House on September 9th, 2012. It was a terrific opportunity for new and returning skaters to meet our coaches and board of directors and get all the info they needed to start out the season. We were fortunate to have representatives from Leading Edge Skate Shop and Real Hip Clothing Ltd. on hand to help our skaters to get suited up for the new season.

BFSC is excited to welcome new coaches Stacey Wilson, Miki Mori, Josh McRae, as well as dance instructor Kiara McDonald and fitness trainer Derrick Johnston to our coaching team. Our returning club coaches have taken on new responsibilities as Carla Stoltz is now our Competitive Skating Director, while Canskate Director, Diane Knutson took charge of preparations for the



Burnaby SC Dance Class



Burnaby SC Open House

Guinness Book record holder for the most number of spins. The day camp will include on and off-ice activities and is open to all clubs and coaches. Please contact us at burnabyfsc@gmail.com for more information.

New Canskate launch. Along with Canskate coaches Nicole Jukic and Erin Pelletreau, the coaching team and program assistants, we are thrilled to share that the BFSC has successfully launched the New Canskate! The program has been well received by our members and coaches and we are already getting positive feedback from skaters and parents.

The club is now gearing up for our Pro-D Day camp Monday November 19th, featuring Neil Wilson, three time British Men's Singles gold medallist and previous

CLUB NEWS

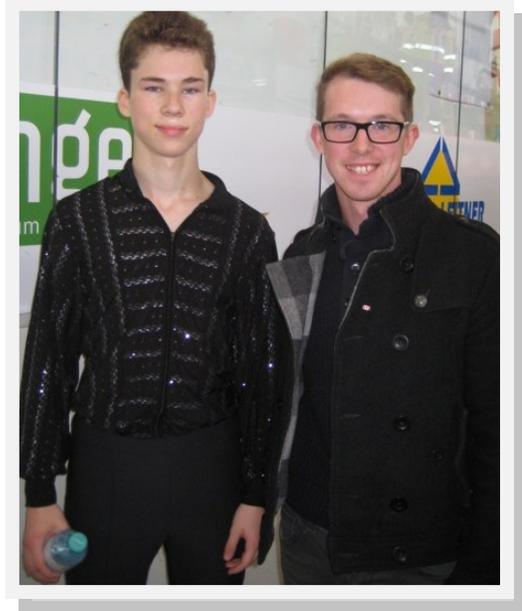
CONNAUGHT SC

It has been a busy summer for the Connaught Figure Skating Club with our athletes participating in the Glacier Falls Summer Classic and BC Summer Skate. Fifty eight of our skaters competed at the Summer Skate event with thirteen of our skaters placing in the top three for their division. We are very proud of all of our athletes that participated in this event as having such a large number of them competing shows their dedication to the sport.

The fall season is now upon us and has demonstrated that it's not about to slow down. Mitchell Gordon has just returned from his second invitational international competition, held in Austria through September 12th-16th. He competed in the ISU Junior Grand Prix and placed 8th overall, 6th in the long program and scored a personal best of 162.62. Due to his performance he has now been invited to compete in another international competition,



Mitchell , Louis Stong, and Keegan



*Mitchell Gordon and Coach Keegan
Murphy*

the JGP Croatia Cup, held in Zagreb from October 3rd-7th. I am sure his fellow athletes and coaches are very excited as this is a very successful start to the season for the young athlete.

The Connaught skaters will be training hard over the next few weeks, as our club has been invited to compete at Sask Skate, September 28th-30th. It is an honor to be invited to these competitions as they are invitational only and it shows that the Connaught Skating Club is really developing high quality athletes.

CLUB NEWS

KELOWNA SC

The past several months have been very busy for our coaches and skaters of all levels, and everyone is looking forward to the fall and winter seasons!

May saw our own Jayda Jurome and Haley Sales travel with coach Jason Mongrain to Toronto for the Skate Canada National Development Camp. They were two of only 25 skaters from across Canada to be invited to this event. May also saw 18 KSC skaters participate at the Victoria Day Interclub Super Series event at Surrey. Olivia Gran (Pre-Juvenile gr.1), Ajsha Gorman (Juvenile gr.2), and Julianne Delaurier (Novice) won gold medals.

In June, eight of our skaters traveled to Wenatchee, Washington, to compete at the Apple Ice Classic competition. It was a great experience for all who attended.

The KSC hosted a clinic in July with ISU Technical Specialist Kelly Cruickshank. He spent time with skaters at the Pre-Novice level and up who attended the KSC Summer School, with the focus on levels of elements and grades of execution.

Thirty-eight of our skaters competed at the BC/YT Summerskate competition held at Burnaby in August. Gold medalists were: Ajsha Gorman, Juvenile Women Under 11; Ashley Sales, Pre-Juvenile Women Under 11 group 2; and Rachel Hiob, Senior Silver Women.

The KSC was pleased to host Tracy Wilson for a 2-day seminar in September. Her energy and knowledge were amazing, as she inspired all skaters and coaches in attendance.



Tracy Wilson with Senior Skaters

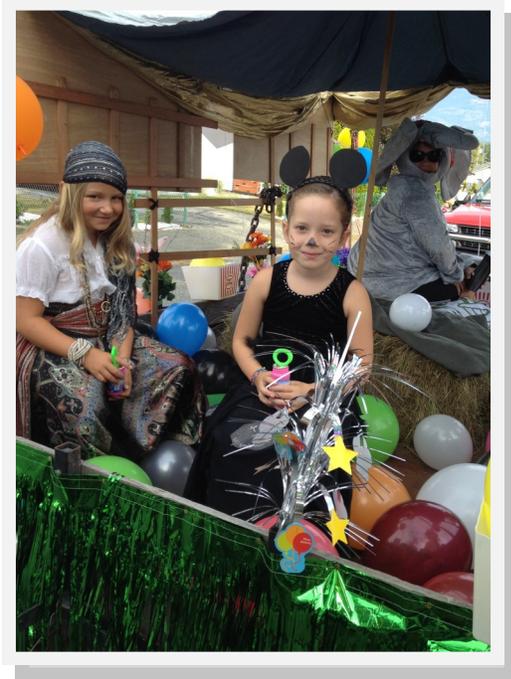
CLUB NEWS

Upcoming events for our team will be the Sask Skate Inviatational and Autumn Leaves Freeskiate competitions.

Wishing everyone a great fall season!

MOUNT ARROWSMITH SC

Mount Arrowsmith Skating Club had a float in our annual Fall Fair parade. The theme of this years float was "Under the Big Top" which is the theme for our carnival this spring. We had lots of fun and the kids all did a great job decorating our float. We ended up receiving a first place ribbon.



SKATE CANADA BC CENTRE FOR SKATING COMES TO PRINCE GEORGE

Over the past 15 years two Centres for Skating Excellence have been designed and implemented, one in Burnaby and one in Kelowna. The participation and competitive success of both Centres is extraordinary as a result of a clear curriculum, which follows the Canadian Sport for Life model. A victory may come in the form of a National or International medal but perhaps more vividly is the personal success of each of the skaters through a better-designed system, improved delivery and environment for personal progress.

The skating coaches in Prince George have come together in a coordinated initiative to use their teaching and coaching strengths in a team effort. Skate Canada BC/YT will provide human resource and support services to build a successful skating program whether for figure skating, hockey, ringette or just to learn to skate at any age.

Ted Barton, Executive Director of Skate Canada BC said, “We worked with both local clubs to encourage a merger into one entity and although there was an effort by both local clubs an agreement was not forthcoming. So, the coaches of these clubs forged ahead and moved together into one entity. We very much support this proactive move to create something better for the skaters of the North and will help in any way to ensure a better process for each person wanting to skate”.

NOTICE TO ALL CLUBS

Just a reminder that clubs should update their club constitutions and by-laws every 5 years.

Please send our updated constitution and

Form 10 to:

Bev Viger

#2-6501 Sprott Street

Burnaby, BC

V5B 3B8





**PLEASE JOIN US IN OUR 40TH ANNIVERSARY
'COMING HOME' WEEKEND CELEBRATIONS!**

Friday, November 23, 2012

Reception, Gala Dinner & Awards Night

5:30pm Happy Hour Reception (no host bar)

6:30pm Buffet Dinner with Awards to follow

Four Points Sheraton Hotel, 829 McCallum Road, Langford

Advance Ticket Sales Only – Cheque, VISA, MasterCard

Available at the Executive Table at the JDF Arena

\$35 Adult \$15 Child

Saturday, November 24, 2012

Pub Nite Meet and Greet

7:00pm onward (no host bar)

Casual get together to reunite with former skaters and coaches

Station House Pub, 737 Goldstream Avenue, Langford

Sunday, November 25, 2012

Skate Concert - TBA

Skating Concert with returning guest skaters & CanSkate

Re-visit great moments in the Juan de Fuca Skating Club's

Ice Show history and look to our future

Are you a former skater with the Club and would like to participate

in some way with any part of this great event?

If so, please email JDF coach Dave MacDonald: jdf40anniversary@gmail.com

WE HOPE YOU CAN 'COME HOME' TO CELEBRATE!

For more information please visit our website:

<http://www.juandefucaskatingclub.ca/> or email juandefucasc@gmail.com

REGION NEWS



The BC Coast Region held a very successful Know Your Sport/Education day prior to the September General Meeting at the Trout Lake Community Center. The BCCR would like to thank the Grandview Skating Club for its help in securing this wonderful venue for our event. Workshops and guest speakers as well as the first Skate-Ex trade show made for great information to be shared with all BCCR Clubs.



If you have any Club information, questions, or photos you would like to share with the BC Coast Region please contact us through the website:

www.skatebccoast.com

**BC/YT Open
Synchro
Competition**

Competition dates:
12 January 2013 - 13 January
2013

Location:
South Surrey



**Looking for
volunteers!**

Contact:
Jm.bccr@telus.net

A limited number of
2012/2013
Skate Canada calendars are now
on sale! These beautiful calendars make
great skater, PA & Coaches gifts for
Christmas as well as being a fabulous
fundraiser for your Club. Please contact
Pete: soulparole@hotmail.com
Get your order in before they are all
gone!



Regional Development Team:

RDT

Watch for the Regional
Development Team
information in your Club
email box! Information
coming soon

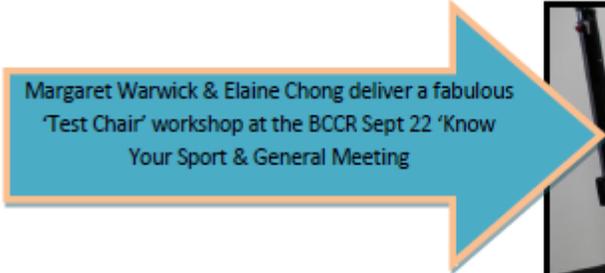
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**Test Day & Competition
Volunteer Information:**

Did you know that to successfully run
a test day or competition it takes the
help of volunteers? Volunteers, just
like you, can ensure that all skating
events run smoothly for all of the
skaters. You don't have to have a lot of
knowledge to lend a hand at an event.
In fact, volunteering is a great way to
learn more about skating,
competitions & testing. Plus, for many
jobs you get a great view of all the
action! Check out the calendar on the
BC Coast Region website for upcoming
events and don't be afraid to sign up to
lend a hand. We will be happy to teach
you all you need to know about any
volunteer job & your help will be much
appreciated!

★ ★ ★ ★ ★ ★ ★ ★ ★ ★

Margaret Warwick & Elaine Chong deliver a fabulous
'Test Chair' workshop at the BCCR Sept 22 'Know
Your Sport & General Meeting




Watch your Club mailing for upcoming Awards
nomination information for all Clubs

CanSkater of The Year
StarSkater of The Year
PA of The Year
As well as Coach & Volunteer awards!



INTERNATIONAL ASSIGNMENTS

Cont. from cover....

We were feeling OK., after the fall,” said Edwards. “We just trusted in our training. We kept telling ourselves that we had done this routine a thousand times.”

After a 4th place finish in the short dance they bounced back and produced the second best free dance of the day to climb from fourth to third overall with a personal best 135.01 points. It was their second bronze medal of the circuit and puts them in an excellent position to be in the Grand Prix Final this December in Sochi, Russia, the host city of the 2012 Winter Olympics.

“We were not expecting this kind of start to the season at all,” said Kai Pang. “We just go out there and try to skate our best. We know that if we work hard, we keep improving.”



“A dream doesn't become reality through magic; it takes sweat, determination and hard work.”

BC/YT SECTION SKATERS 2012/2013 INTERNATIONAL ASSIGNMENTS



[Madeline Edwards / Zhao Kai Pang](#)-JGP Courchevel-August 22-26, 2012-**BRONZE**

[Noa Bruser / Timothy Lum](#)-JGP Lake Placid-August 29-September 2, 2012-**5th**

[Mitchell Gordon](#)-JGP Linz-September 12-16, 2012-**8th**

[Jeremy Ten](#)-US Senior International-September 13-16, 2012- **7th**

[Liam Firus](#)- US Senior International-September 13-16, 2012- **8th**

[Madeline Edwards / Zhao Kai Pang](#)-JGP Istanbul-September 19-23, 2012- **BRONZE**

[Caelen Dalmer / Shane Firus](#)-JGP Slovenia-September 26-30, 2012

[Mitchell Gordon](#)-JGP Zagreb-October 3-6, 2012

[Kevin Reynolds](#)-Ondrej Nepala Trophy-October 3-6, 2012

[Noa Bruser / Timothy Lum](#)-JGP Germany-October 10-14, 2012

[Liam Firus](#)-Skate Canada GP-October 26-28, 2012

[Kevin Reynolds](#)-Cup of China-November 2-4, 2012

[Nicole Orford & Thomas Williams](#)-Cup of Russia-November 9-11, 2012

[Kevin Reynolds](#)-NHK Trophy-November 23-25, 2012

[Nicole Orford & Thomas Williams](#)- NHK Trophy-November 23-25, 2012



SPECIAL ANNOUNCEMENT—SKATE CANADA BC/YT SECTION PROSPECT TEAM

The BC/YT Section is pleased to announce the development of the BC/YT Section Prospect Team Program. The Skaters selected to this new Team, and their Coach, will receive many benefits and perks, including resources and personalized guidance, if so requested.

The following is some additional information:

Criteria:

- Skaters can be no older than 12 years of age as of July 1st, 2012.
- Skaters will be selected not only by results, but by using the criteria of age and stage development which is outlined in the Skate Canada Long Term Athlete Development Model.

Selection Process

- Potential Prospect Team members will initially be identified by one of the two BC/YT Section Directors of Development. Identification will be made via Competition sand Seminars and/or videos from such.
- In addition, Coaches may at any time submit a video for their Skater to be considered.
- Once skaters have been identified, they will be invited to the Annual Prospect Team Evaluation Camp which will be held following the BC Summer Skate Competition.
- Selected Skaters will be named to the Prospect Team after the Evaluation Camp. Skaters identified after the Camp has been held, may be named after a formal evaluation by one of the Directors of Development or by the Executive Director.
- Selection to the Prospect Team is for the current skating season only (i.e. September 2012 to August 2013).

Benefits:

Benefits for the Skater selected to the Prospect Team, and their Coach, is as follows:

- Direct access to Video Assessments by one of the Directors of Development. Assessments will focus on the Skater's progress in skill acquisition/development, component development and/or point value strategy.
- A Director of Development consultation, as requested by the Skater's Coach.
- A special Prospect Team Program during the Kelowna Spring Seminar.
- A special Prospect Team Program during the BC Team Camp.
- A Prospect Team Trip to an Out-of-Province Competition.

Next Steps:

An initial list of potential Prospect Team Skaters have now been identified.

A Prospect Team Evaluation Camp was held at Burnaby 8 Rinks, immediately following Summerskate, on Monday, August 20th.

Following this Camp, the Prospect Team will be selected by the Directors of Development and the Executive Director. The Team List will then be approved by the Chair of the BC/YT Skaters Development Committee.

In closing, the purpose of the Prospect Program is to identify and support young talented skaters. If a skater chooses to not take part, OR a skater is not selected, there is nothing stopping them from going on to have a successful skating career. This Program is only an offer to help the young talented skaters of this Section achieve as much as possible, early enough in their early development years, to have a better chance at reaching their dreams and goals. Some skaters are late developers and may not fit this Program, but as said above, they may still go on to have very successful competitive skating careers.

We are very excited about this new initiative and hope you will join us in embracing this exciting Program as together we take the next step in helping the skaters in this Section be as successful as possible.

If Coaches have any questions and/or ideas please do not hesitate to contact Danielle Williams or Ted Barton directly and they would be pleased to answer your questions or hear your ideas.

"Vision without action is just a dream."



TECHNICAL UPDATES

STAR PILOT

After reviewing feedback from the Summer Pilot, we have made some revisions to the STAR program. There has been one change of element in STAR 2 - **the second spin must be in either a sit or camel position**. Please read the Communication posted below as well as the updated STAR criteria document and standards documents for detailed information.

If you have any questions, please email [Laura Carr](#).

STAR 2 music selections have been mailed to the individual clubs. The music can also be downloaded. Any coach who has not received the link to the music, please contact [Danielle Williams](#) at the Section office.

We ask for constructive feedback as the year progresses so that Skate Canada can fine tune and revise accordingly. Thank you for your assistance.

Resources:

[Communication 2012-02 STAR](#)

[STAR 1-4 Technical Requirements– updated September 2012](#)

[STAR 1 Elements Standards– updated September 2012](#)

[STAR 2 Judging Standards–updated September 2012](#)

[STAR 3 Judging Standards–updated September 2012](#)

SUPER SERIES

[Communication 2012-02– Super Series Points](#)

Please visit the Technical page at www.skaitnginbc.com to view all the latest technical information and communications.



COACHES CORNER

NCCP Instruction Beginner CanSkate Course

The BC/YT Section will be hosting a NCCP Instruction Beginner CanSkate Course in Burnaby BC November 11 & 12, 2012.

Registration Deadline is OCTOBER 19, 2012

Please see the links below for more information.

[Course Information and Registration Form](#)

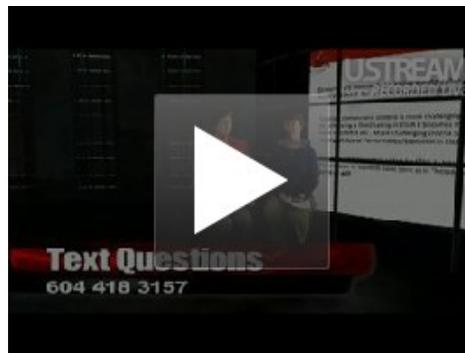
[NCCP Instruction Beginner CanSkate Coach Requirements](#)

If you have any questions please contact Amy at 604-205-6960 or amy@skatinginbc.com

JUDGE COACH LIVE STREAMED TECHNICAL UPDATE

On September 23, 2012 the BC/YT Section offered a live streamed technical update geared toward coaches and judges. The main focus was the STAR 1-4 pilot program and competitive updates.

If you missed it you can access the online archive below:



COACHING CERTIFICATION TERMS

There seems to be some confusion in regards to the proper titles of coach certification levels. Some of us are using the new terminology and some of us are using the old terminology. In order to create consistency and limit confusion, we request that all clubs and coaches utilize the following chart and begin using the updated titles.

Old Title	New Title	What you can Coach
Level 1 Phase 1	CanSkate Trained	Only CanSkate (max of 2 years at this level)
N/A	CanSkate Certified	Only CanSkate (indefinitely, as long as you are registered as a Skate Canada Professional Coach yearly)
Level 1 Phase 2 / Phase 3 / Level 1 Trained	Primary STARSkate Trained	Can coach any level (for a maximum of 2 years while you work on Primary STARSkate Certified status)
Level 1 Phase 4/ Level 1 Certified	Primary STARSkate Certified	Can coach any level indefinitely, as long as you are registered as a Skate Canada Professional Coach yearly
Level 2 Theory	n/a	n/a
Level 2 Technical	ISPC Trained	Can coach any level indefinitely, as long as you are registered as a Skate Canada Professional Coach yearly
Level 2 Practical/ Certified	ISPC Certified	Can coach any level indefinitely, as long as you are registered as a Skate Canada Professional Coach yearly
Level 3, 4, 5		Level 3, 4, 5

CSt	CanSkate Trained This coach is trained but not certified and may instruct CanSkate only .
CS	CanSkate Certified Certified to coach CanSkate only .
PSt	Primary STARSkate Trained This coach is trained but not certified and may instruct at the CanSkate, Primary STARSkate levels and above.
PS	Primary STARSkate Certified
ISPC	Intermediate STARSkate/Provincial Coach Certified
3	Level 3 Certified
4	Level 4 Certified
5	Level 5 Certified
CPS certified	CanPowerSkate Certified

NCCP CERTIFICATION LEVEL CHART

Title	What you can coach	Competitions you can attend	Expiry
CanSkate Trained	CanSkate Only	None	You have 2 years from the time you first register as a coach to become CanSkate Evaluated or Primary STARSkate Trained
CanSkate Certified	CanSkate Only	None	No expiry as long as you are a registered Skate Canada Professional Coach yearly
Primary STARSkate Trained	Any Level	Club, Regional, SuperSeries	You have 2 years to become Primary STARSkate Evaluated
Primary STARSkate Certified	Any Level	Club, Regional, SuperSeries	No expiry as long as you are a registered Skate Canada Professional Coach yearly
ISPC STARSkate Provincial Coach Certified	Any Level	Club, Regional, SuperSeries, Sectional	No expiry as long as you are a registered Skate Canada Professional Coach
Level 3 Certified	Any Level	Club, Regional, Superseries, Sectional, ISU Sanctioned Competitions, Canadians, Canada Games	No expiry as long as you are a registered Skate Canada Professional Coach
Level 4 Certified	Any Level	Club, Regional, Superseries, Sectional, ISU Sanctioned Competitions, Canadians, Canada Games	No expiry as long as you are a registered Skate Canada Professional Coach
Level 5 Certified	Any Level	Club, Regional, Superseries, Sectional, ISU Sanctioned Competitions, Canadians, Canada Games	No expiry as long as you are a registered Skate Canada Professional Coach

NEW COACHES: New professional coaches who do not meet the above criteria for accreditation will have two years in which to become NCCP Primary STARSkate certified, three years in which to become NCCP Intermediate STARSkate Provincial Coach (old level 2) certified and four years to become NCCP Level 3 Certified from the date of first registering as a Skate Canada Professional Coach. New coaches (excluding Fast Track candidates) who do not become NCCP Intermediate STARSkate Provincial Coach (old Level 2) certified within three years are not permitted to attend any events requiring NCCP Level 3 certification until they become NCCP Level 3 certified.

[Click here to view Skate Canada's Accreditation for Events Policy](#)

ADULT FIGURE SKATING SEMINAR



Figure Skating Artwork above kindly donated by Artist and Figure Skater, Elsa Bluethner

THE ALDERGROVE FIGURE SKATING CLUB

Presents

An Adult Figure Skating Seminar

November 16 – 17 & 18, 2012

Langley Events Centre
7888 – 200th Street, Langley, B.C.

The Aldergrove Figure Skating Club is pleased to present an Adult Figure Skating Seminar on November 16, 17 and 18, 2012. There are nine hours of on-ice time as well as off-ice sessions designed to improve your skating skills no matter what your level or your focus – free skate, ice dance or synchro. There is a star-studded lineup of former World and Olympic competitors as well as seasoned coaching professionals.

For more information: dianabarkley@shaw.ca, 604-614-6624 (cell) or 604-536-2410 (home)

[Click here for Registration Form](#)

COMING SOON



**Auction For A
Nickelback Signed
Guitar**



All Proceeds will go to the Athletes Trust

GOLD FEET



Alex Stephenson

Alex is 13 years old and attends Fernie Secondary School in the 8th grade French Immersion program, and has also been a member of the Fernie Skating Club since 2006. She had a great 2012 season placing 5th in Senior Bronze Women at Autumn Leaves in Kamloops, 2nd at the Kootenay Championships, and 1st in the Rocky Mountain Championships in Cranbrook. She also completed her Sr. Silver and Gold Skills!!! A big thank you to her coaches, Deb Joseph and Darren Gillett.

Emma Nieuwesteeg

Emma accomplished her Gold Skills by age 11, she is currently working on Sr Silver and Sr Gold Dances.

Emma has achieved these goals under the coaching of Debbie Joseph and Darren Gillett. In Creston at the Kootenays competition, Emma came in first place. She is a member of the Fernie Skating Club, and also skates with the Fernie Academy.

In addition to skating, Emma loves piano and is training for The Fernie Half Marathon.



GOLD FEET



Samara Thew

Samara is a grade 10 student at Kelly Road Secondary School in Prince George. She started skating at age 3 and is a member of the Prince George Center for Skating. With a lot of dedication to the performance and interpretation side of skating, Samara completed her Gold Interpretive Test this past spring. She has recently started training for speed skating and cycling. Samara is looking forward to another competitive season in Pre-Novice Ladies. Samara would like to thank her parents and coach, Nicole Collins, for their continued support.

Shayla Lipkewich

The Fernie Skating Club would like to congratulate Shayla Lipkewich on passing her Gold Skills in March 2011 and her Gold Interpretive in December 2011. She is currently working on her Senior Silver Freeski and Gold Dances.

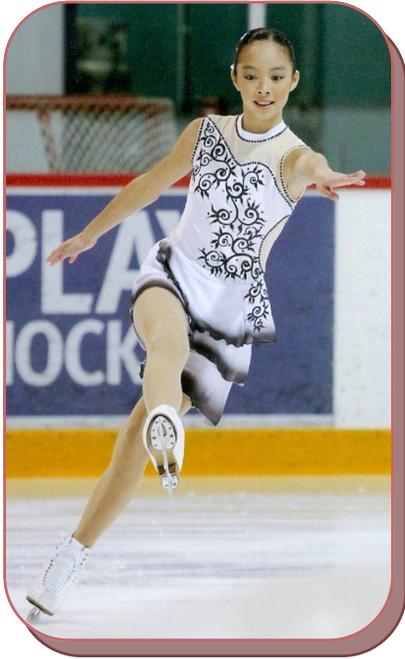
Shayla started skating at the age of 5 and has never looked back. She has competed at several BC Provincial Championships and placed 1st in the Preliminary Ladies 11 and over in Kamloops, BC in 2008. She has attended the RDT camp in Kelowna for several years and has made many new friends and has been inspired by all of the wonderful coaches! She has been a program assistant for the last 8 years for the Fernie Skating Club and had the opportunity to mentor one of the younger skaters, a highlight last year.

Shayla is a grade 11 student at Fernie Secondary and enjoys soccer in her spare time. She also works part time and babysits.

Coached by Marni Wilson and Tanya Soukoroff, Shayla has trained in Lethbridge for the last few summers under the guidance of Don Cowan. Thanks to all her coaches for their continued support.



GOLD FEET



Sarah Sutanto

- Started skating when she was 3 years old with Parks & Recreation. She was doing so well, skipping a few levels in between Recommended by her instructor to take lessons with Newton FSC at age 5-6
- Started canskate for a few years and moved on to private lessons with Donna Paul, working on Skills, Dances and Freeskates
- Also train with coaches David Gibson and Leslie Rupp
- Passed her first test in Skills in year 2007, first Dance in year 2008, first Freeskate in year 2011
- Completed her Gold skills in May 2012
- Presently working on Senior Silver Dance, competing in Pre-preliminary Freeskate (won Gold and Bronze medals) and Intro-Interpretive (won Silver medal)
- Joined LMSSC team since the age of 7 till now, going into 8 years with the Club and won numerous medals with the team
- Skates 3-4 times/week during the Winter Season, would love to skate more but has busy schedule at Southridge School where she was awarded with distinctive honour and effort marks
- Volunteers at Newton FSC to help with Canskate 1-2 times/week and help out at her old school (Chimney Hill Elementary) whenever she has days off school
- Recently awarded by Newton FSC with a trophy for Senior Most Dedicated skater this year
- Sarah's goal is to complete her Senior Silver and Gold Dances this coming year
- Sarah's comment: "I want to thank all the coaches at Newton FSC and LMSSC for their hard work in training me for what I am today. I wouldn't be as passionate about skating without their continued support and dedication. I would also like to thank my team mates and friends for their kind words of encouragement

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