



Dear Clubs and Coaches,

From time to time Clubs or Coaches may want consultation on their programs for long-term Athlete development.

The BC/YK Section has two Directors of Development and numerous other knowledgeable consultants whose are able to travel into regions in order to help Coaches and Clubs on numerous topics. Some of the topics may be (but are not restricted to):

Coaches

- Program Scheduling
- Jump and Spin Technique
- Stroking and Edge Exercises
- Training Strategies
- Understanding the Judging System
- Communication Techniques

Clubs

- Setting realistic goals
- Understanding the Coaches job and challenges
- Determining the type of Club you want to be
- Ice Scheduling and Municipal Partners

If you would like a Coach or Club consultation, please find the [application form](#) found on our website www.skatinginbc.com > Clubs

Any questions can be directed to bcyksection@skatinginbc.com