

PROGRAM COMPONENTS

Feedback Service

| Skater(s): | Event: | Competition: |
|------------------|--------------------|------------------|
| Jane Smith | Juvenile Women U14 | SummerSkate 2016 |
| Skater's Email: | Date: | Assessor 1: |
| sample@sample.ca | August 30, 2016 | Sarah Wanda |
| Primary Coach: | Coach's Email: | Assessor 2: |
| | | |
| Bob George | sample@sample.com | |

Please fill out the top portion along with the Marks Achieved column with the mark range (ex. 4.25-5.0) as found on your report card. If registering prior to an event please leave the Marks Achieved column blank.

| Marks Achieved | Criteria (Refer to technical documents on | Comments by Assessor |
|--------------------------------|--|--|
| (report card | BC/YT Section website.) | |
| attached) | | |
| Skating Skills 2.58 2.25-2.75 | Edge control and flow over the ice surface (edges, steps and turns etc.) The clarity of technique Effortless power to accelerate and vary speed | Your skating tends to be one speed, even with change of tempo in the music. There are occasional instances of toe pushing and half sculling where you don't lift one foot off the ice during cross cuts. This tends to make the stroking look slightly sloppy. Continue to work on your power as I believe this will clear up many of the mistakes in your program. You do have nice control in your skating and you can use this to strengthen this PC. |
| 1.94 2.25-3.00 | Varied and/or intricate footwork, positions, movements and holds that link all elements. Includes the entrances and exits of technical elements. | Many good examples of different turns, steps, positions, moves and unlisted jumps made the program interesting to watch. Some evidence of variety in entrances and exits from elements. Nicely executed transitions! Well thought out program. |
| Performance and Execution | Translation of the intent of the music and choreography(physically, | You have nice carriage and good variety and contrast of movements. The quality of the movement is good but the precision in the delivery needs to be worked |
| 2.33 2.25-2.75 | emotionally and intellectually) The quality of movement and precision in delivery | on, as evidenced by the loss of many marks due to errors. You appear emotionally and physically committed to the performance of your program- the precision is what is holding you back. Some elements even had noticeable slowing before execution which detracted from the overall performance. |
| 1.29 2.25-3.00 | An intentional, developed and/or original arrangement of all movements according to the principles or proportion, unity, space, pattern, structure and phrasing. | The arrangement of the elements throughout the program was well thought out. There was a concept and purpose to the program although the phrasing could be better utilized to further enhance the overall vision. Many sections of the program were just skated through leaving the highlights in the music to go for naught. The structure and pattern of the program was strong. |
| 1.75 2.25-2.75 | Relationship of skater's or team's movements connected with the style and character of the music. Ability to respond with movements to the nuances of the music. | There are many areas in this program where the music could be enhanced by using the major highlights or the fine nuances in the music. At times it appeared as though you were behind in the music because the moves that you did were very nice but |
| | Ability to make all of this effortless. | didn't seem to fit exactly in to that particular part of |

| big musical highlights were not enhanced by arm, | | the music. The step sequence was one glaring example where the music changed but the beautiful |
|--|--|--|
| | | head or body moves. |

Additional Comments:

You are a lovely skater who has so much potential. The transitions were the highlight of her skate, and if these could be timed to the music would add substantially to your PC marks. Please continue to work on your stroking to develop more power and strength. This would also give you more opportunity to fully complete your jumps rotations in the air. Spins and step sequences could be very strong elements for you so try to time them to the music and add further embellishments to really make them shine.

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