**Reflections for Trial Judge or Judge on Panel**

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| **Candidate’s Name:** |  | **Assessor(s):** |  |
| **Candidate’s Skate Canada #:** |  |  |  |
| **Candidate’s Email**: |  | **Event:** |  |
| **Candidate’s Section:** |  | **Date:** |  |

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| **Instructions** |
| *Following your assigned event(s), reflect on the questions below.*  *Share the completed document with your report writer/assessor.* |
| 1. **Reflect and identify what you feel you did well during this event.** |
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| 1. **In general, what would you like to improve upon?** |
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| 1. **Thinking specifically about your GOEs from this event, identify two GOEs that you would like to change after further consideration and explain why.** |
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| 1. **Thinking specifically about your PCs from this event, identify two PCs that you would like to change after further consideration and explain why.  Consider your highest and lowest marks, as well as the variances shown within each skater/team.** |
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| 1. **What was a key learning or take-away from this judging experience? Explain.** |
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| 1. **Additional comments:** |
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*Please send completed document to the assigned assessor/report writer within two weeks of the competition or as indicated by the assessor/report writer.*