



Communication 2022-01 BC/YK Section

March 17, 2022

Information for 2022-2023 Podium Pathway Requirements:

Please read carefully and email Janice Hunter if you have any questions: janicedhunter@gmail.com

1. In keeping with Skate Canada's Long Term Development Resource and the accompanying Athlete Development Matrices (ADM), the term 'Competitive' as it relates to categories and programming, is being replaced with 'Podium Pathway'. Please refer to the comprehensive LTD page on Skate Canada's Members Only site for all the LTD and ADM information.
2. Upcoming spring competitions will be using the 2022-2023 Program Requirements for Podium Pathway. The document states July 1, 2022, but in BC we start to use new requirements beginning with Super Series Vancouver Island. STAR categories at spring competitions will continue to use current program requirements until BC SummerSkate.
3. The upper age extensions that were granted for the 2021-2022 season will revert to the original ages as stated in the rules beginning July 1, 2022.
 - **Juvenile Singles ~~U15~~**: must not have reached the age of ~~15~~ **14** before July 1st preceding the competition.
 - **~~Pre-Juvenile Pairs~~**: this category will no longer be offered.
 - **Juvenile Pairs**: must not have reached the age of ~~17~~ **16** before July 1st preceding the competition.
 - **Juvenile Ice Dance**: must not have reached the age of ~~17~~ **16** before July 1st preceding the competition.
4. Important changes to note in the Podium Pathway Singles Requirements for 2022-2023:
 - **Pre-Juvenile and Juvenile Free Skate**
 - **Skaters may only repeat one jump type.** For example, if a skater executes two double toe loops, they may not repeat any more jump types. You can choose which jump type to repeat. 1T and 2T are the same jump type.
 - The number of jump types to be included is no longer specified, nor is there a requirement to include a toe loop and a loop jump as the second jump in the jump combination.
 - **Juvenile step sequence will be called to maximum Level 1.** To encourage development of quality steps and turns, this level can only be achieved through the feature of difficult steps and turns (no credit towards level for rotation, difficult combination of turns, or body movement). As per the ISU Technical Panel Handbook, Level 1



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requires Minimum Variety which means 5 difficult turns and steps are included; none of the types can be counted more than twice.

- **Pre-Novice:**
 - **Women Short Program– the solo spin can only be Layback or Camel position.** To encourage the development of the layback and camel positions, the option of a sit spin has been removed.
 - **Men Short Program – the solo spin is change camel**
 - **Women & Men Free Skate – one jump combination may have three jumps**

- **Novice:**
 - **Women Short Program– the solo spin can only be Layback or Camel position.** To encourage the development of the layback and camel positions, the option of a sit spin has been removed.
 - **Women & Men Short Program – the solo jump must be double loop and higher**

- **Junior:**
 - **Short Program - the solo jump is 2Lo or 3Lo**
 - the solo spin is layback or sit for women; change sit for men
 - flying spin is flying camel

NOTE: It is possible that the Step Sequence in the Junior Free Skating requirements may change to a Choreographic Sequence. We have provided this information for planning purposes, but the decision will not be made until the 2022 ISU Congress taking place in June.

- **BONUS:** Of note:
 - Jumps that receive an edge call (e) will no longer receive a bonus
 - Pre-Novice: Only **one** double Axel per program will receive a bonus
 - Consult the quick reference guide for the full list of bonuses and their values.

For details on the changes for all disciplines, please refer to the article posted on the [Skate Canada Notice Board](#).