



## Skate Canada Marking Sheet Special Olympics Free Skate Level 1 & 2

<b>Competition:</b>				<b>Date:</b>
<b>Skater:</b>				<b>Event:</b>
<b>Judge:</b>				<b>Group:</b>
Element Executed	Assessment G/S/B/M	Review	Comments	Well Balanced Check Check box each time element is performed
1.				<b>Level 1:</b> <input type="checkbox"/> Forward Gliding Two Foot Jump <input type="checkbox"/> Backward Gliding Two Foot Jump <input type="checkbox"/> Forward Two Foot Turn <input type="checkbox"/> Backward Two Foot Turn <input type="checkbox"/> Forward Two Feet to One Foot Glide on a curve <input type="checkbox"/> Backward Push/Glide Sequence  <b>Level 2:</b> <input type="checkbox"/> Power jump <input type="checkbox"/> Rotating power jump <input type="checkbox"/> Combination jump – Two Foot Forward to Backward – Two Foot Backward to Forward <input type="checkbox"/> Forward One Foot Spon <input type="checkbox"/> Two Foot Sit Spin <input type="checkbox"/> Forward Spiral
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
Program Components Comments	Assessment G/S/B/M			
<b>Skating Skills</b>				
<b>Performance/Execution</b>				



## Skate Canada Marking Sheet Special Olympics Free Skate Level 3 & 4

<b>Competition:</b>				<b>Date:</b>	
<b>Skater:</b>				<b>Event:</b>	
<b>Judge:</b>				<b>Group:</b>	
Element Executed	Assessment G/S/B/M	Review	Comments	Well Balanced Check Check box each time element is performed	
1.				<b>Level 3:</b> <input type="checkbox"/> 1W (Waltz Jump) <input type="checkbox"/> 1S (Salchow) <input type="checkbox"/> 1T (Toe Loop) <input type="checkbox"/> FUSp (Forward Upright Spin) <input type="checkbox"/> BUSp (Backwrđ Upright Spin) <input type="checkbox"/> FSpSq (Spiral Circles)	
2.					
3.					
4.					
5.				<b>Level 4</b> <input type="checkbox"/> 1S (Salchow) <input type="checkbox"/> 1T (Toe Loop) <input type="checkbox"/> 1W+1T+C (Waltz+Toe Loop Combo) <input type="checkbox"/> 1Lo (Loop) <input type="checkbox"/> 1F or 1Lz (Flip or Lutz) <input type="checkbox"/> BUSp (Backward Upright Spin) <input type="checkbox"/> CSp OR SSp (forward entry camel or sit spin) <input type="checkbox"/> FSpSq (Forward Spiral Sequence) <input type="checkbox"/> TrSq (Turn Sequence)	
6.					
7.					
8.					
9.					
10.					
Program Components Comments			Assessment G/S/B/M		
<b>Skating Skills</b>					
<b>Performance/Execution</b>					



## Skate Canada Marking Sheet Special Olympics Free Skate Level 5

<b>Competition:</b>				<b>Date:</b>	
<b>Skater:</b>				<b>Event:</b>	
<b>Judge:</b>				<b>Group:</b>	
Element Executed	Assessment G/S/B/M	Review	Comments	Well Balanced Check Check box each time element is performed	
1.				<b>Level 5:</b> Must include <u>1 of *</u> 5 different jumps. Jumps with 2 boxes may be repeated as part of 2 <sup>nd</sup> combo. <input type="checkbox"/> <input type="checkbox"/> <b>1W</b> (Waltz)* <u>or</u> <input type="checkbox"/> <input type="checkbox"/> <b>1A</b> (Axel)* <input type="checkbox"/> <input type="checkbox"/> <b>1T</b> (Toe Loop) <input type="checkbox"/> <input type="checkbox"/> <b>1S</b> (Salchow) <input type="checkbox"/> <b>1Lo+1Lo+C</b> (Loop+Loop Combo)* <input type="checkbox"/> <input type="checkbox"/> <b>1F</b> (Flip) <input type="checkbox"/> <input type="checkbox"/> <b>1Lz</b> (Lutz) <input type="checkbox"/> Max 1 additional jump combo <input type="checkbox"/> <b>BUSp</b> (Backward Upright Spin)* <input type="checkbox"/> <b>CoSp</b> or <b>CCoSp</b> (Combo Spin* Must attempt C&S pos) <input type="checkbox"/> <b>FSpSq</b> (Forward Spiral Sequence)	
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					
Program Components Comments		Assessment G/S/B/M			
<b>Skating Skills</b>					
<b>Performance/Execution</b>					