

2021-2022 Synchronized Skating quick reference guide (Beginner I, Beginner II and Elementary)
as of July 1, 2021

CATEGORY (Program length)	LINEAR ELEMENT	ROTATING ELEMENT	INTERSECTION	PIVOTING ELEMENT
Beginner I (maximum 2:10)	Block	Circle or Wheel	Maximum 1	NA
	Line			
Beginner II (maximum 2:40)	Line	Circle	Maximum 1	Block
		Wheel		
Elementary (maximum 2:40)	Line	Circle	Maximum 1	Block
		Wheel		