



Information for 2024-2025 Podium Pathway Requirements:

Please read carefully and email Janice Hunter if you have any questions: janicedhunter@gmail.com

- The Quick Reference Guides for Singles Pairs and Dance** are posted on the Technical pages of Skating in BC. You will note that requirements for Junior and Senior are missing. This is due to potential changes after the ISU Congress in June. For the June High Performance competition, we will use new short program requirements (the only changes are in Junior) but will continue to use the current season free program requirements. Super Series SummerSkate will be according to the full 2024-2025 requirements.
- Junior Singles Short Program changes are as follows:**
 - Women: solo jump – double or triple flip
solo spin - layback/sideways leaning spin or sit spin with no change of foot
flying spin - flying camel
 - Men: solo jump - double or triple flip
solo spin - sit spin with only one change of foot
flying spin - flying camel
- Pre-Juvenile Singles:** The recent survey to coaches regarding the Pre-Juvenile category was overwhelmingly supportive of adding it back. Beginning with Super Series BC SummerSkate, the Pre-Juvenile Singles categories U11 and U13 will be added to our competitions.
- Pairs Juvenile Twist:** To aid in development while promoting safety, a Juvenile Twist Lift has been added as an option for the Twist element to Juvenile, Pre-Novice, and Novice.
- Podium Pathway Solo Dance:** Novice, Junior, and Senior Solo Ice Dance will be introduced domestically next season and are included in the Ice Dance Quick Reference Guide. They will be offered at SuperSeries events.

[Click here](#) to read more about the Juvenile Twist and the Solo Dance categories on the [Skate Canada Notice Board](#).