

CNC REGIONAL CHAMPIONSHIPS

January 19, 2024 to January 21, 2024

Prince George, B.C.

Gold Women (Freeskate) - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
1	Emma Penner	Williams Lake SC,BC/YK	24.46	18.29	0.00	0.00	42.75

#	Executed Element	Base										JREF	Score	
		Value	GOE	J1	J2									
1	2Lz+2T	3.40	-0.28	-2	-1	-	-	-	-	-	-	-	-1	3.12
2	2S+2T+1A+SEQ	3.70	0.04	0	1	-	-	-	-	-	-	-	0	3.74
3	FSSp3	2.60	-0.26	-2	0	-	-	-	-	-	-	-	-1	2.34
4	1F	0.50	-0.05	-2	-1	-	-	-	-	-	-	-	0	0.45
5	2F+2Lo	3.50	-0.12	-2	0	-	-	-	-	-	-	-	0	3.38
6	2Lo	1.70	0.00	0	1	-	-	-	-	-	-	-	-1	1.70
7	2S	1.30	0.09	1	0	-	-	-	-	-	-	-	1	1.39
8	StSq1	1.80	-0.12	-1	0	-	-	-	-	-	-	-	-1	1.68
9	1A	1.10	0.00	0	0	-	-	-	-	-	-	-	0	1.10
10	LSp3	2.40	0.16	1	0	-	-	-	-	-	-	-	1	2.56
11	CCoSp3	3.00	0.00	0	0	-	-	-	-	-	-	-	0	3.00
													24.46	

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met
 EL - Extended Lift F - Fall in Element

Program Component	Factor													
Composition	1.20		3.00	3.25	-	-	-	-	-	-	3.00	-	-	3.70
Presentation	1.50		2.50	3.25	-	-	-	-	-	-	2.50	-	-	4.13
Skating Skills	3.30		2.75	4.00	-	-	-	-	-	-	2.75	-	-	10.46
														18.29

0.00