

# 2025 CNC Region Championships

January 17 to January 19, 2025

West Fraser Centre, Quesnel, BC

## Gold Women - Free Program

| Rank | Name          | Club             | Element Score | Prog Comp Score | Bonus | Deductions | Score |
|------|---------------|------------------|---------------|-----------------|-------|------------|-------|
| 1    | Teysean Henry | Terrace SC,BC/YK | 15.56         | 18.63           | 0.00  | 1.00       | 33.19 |

| #  | Executed Element | Base  |       |    |    |    | JREF | Score |
|----|------------------|-------|-------|----|----|----|------|-------|
|    |                  | Value | GOE   | J1 | J2 | J3 |      |       |
| 1  | 1A+2T            | 2.40  | -0.03 | 0  | -1 | 0  | -    | 2.37  |
| 2  | 2Lo              | 1.70  | -0.85 | -5 | -5 | -5 | -    | 0.85  |
| 3  | CSpB             | 1.10  | 0.00  | 0  | 1  | 0  | -    | 1.10  |
| 4  | 2Tq              | 1.30  | -0.36 | -2 | -4 | -2 | -    | 0.94  |
| 5  | CCoSp3           | 3.00  | 0.30  | 1  | 1  | 2  | -    | 3.30  |
| 6  | 2S               | 1.30  | 0.00  | 0  | 0  | 0  | -    | 1.30  |
| 7  | 2F               | 1.80  | -0.90 | -5 | -5 | -5 | -    | 0.90  |
| 8  | 1A               | 1.10  | 0.00  | 0  | 0  | 0  | -    | 1.10  |
| 9  | FCSpB            | 1.60  | 0.00  | 0  | 0  | 0  | -    | 1.60  |
| 10 | 1Lz              | 0.60  | 0.00  | 0  | 0  | 0  | -    | 0.60  |
| 11 | StSqB            | 1.50  | 0.00  | -1 | 0  | 1  | -    | 1.50  |
|    |                  |       |       |    |    |    |      | 15.56 |

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! (dance) Choreo Element does not fulfil all requirements  
 < - underrotated jump      < - (Key Points Dance) interruption      REP - repeated jump restriction  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      EE - Extended Edge      F - Fall in Element

| Program Component | Factor | 3.00 | 2.75 | 2.75 | - | - | - | - | - | - | 3.50 | - | - | 3.60  |
|-------------------|--------|------|------|------|---|---|---|---|---|---|------|---|---|-------|
| Composition       | 1.20   | 3.00 | 2.75 | 2.75 | - | - | - | - | - | - | 3.50 | - | - | 3.60  |
| Presentation      | 1.50   | 3.25 | 3.00 | 3.00 | - | - | - | - | - | - | 3.25 | - | - | 4.70  |
| Skating Skills    | 3.30   | 2.75 | 3.00 | 3.25 | - | - | - | - | - | - | 3.50 | - | - | 10.33 |
|                   |        |      |      |      |   |   |   |   |   |   |      |   |   | 18.63 |

2 Fall(s) factor (0.5) 1.00